



# Sunset News

May - September 2017

Official Publication of  Lutheran Sunset Ministries

Donations to Lutheran Sunset Ministries can now be made online! Simply visit [www.lutheransunset.org](http://www.lutheransunset.org), scroll to the bottom of the homepage and click "Donate." From this page you'll be able to choose your amount, type of gift (memorial, restricted), etc. All major credit cards are accepted and our payment site is secure.

The screenshot shows the Lutheran Sunset Ministries website. At the top, there is a navigation menu with links for Home, About Us, Our Residences, Other Programs, Life at Sunset, News, Contact, and Testimonials. Below the menu is a testimonial from Polly, a resident from Arlington, who shares her experience of finding contentment in her new life. The page also features icons for 'Volunteer' and 'Newsletter'. A section titled 'A RETIREMENT COMMUNITY ANSWERING THE CALL TO SERVE' describes the community's 60-year history and its commitment to providing care and services to seniors. At the bottom of the page, there is a 'DONATE' button. A red arrow points from the text on the left to this button.

Sunset Home • College Hill Assisted Living • Rainbow Retirement Community  
Hospice Sunset • Sunset Companion Services

# Message from the President



Fall is here! My habit is to go walking before work each day - at least most days. The other morning there was definitely crispness in the air and fall leaves will not be far behind!

A lot has transpired since our last newsletter went out. In May, our Board of Directors had some personnel changes as it usually does. Col. Jimmie Hanes, Jr. (ret) has served on the Board for the maximum nine years with eight of those as Board Chair, and Nancy Bratcher served the maximum nine years, seven of those as the Board Secretary. I want to thank them for their years of service and leadership as Lutheran Sunset Ministries (LSM) built the Whitestone apartments and began our partnership with Goodall-Witcher Hospital Authority during their tenure.

They also – along with the rest of the Board – set LSM on a path of expansion as we are planning to add a larger rehabilitation/therapy wing to Sunset Home with the help of an estate gift from J.B. Darden. We will be adding more apartments to Heckmann Assisted Living, much needed new office space for our Central Office and Hospice program, as well as more Rainbow Retirement apartments.

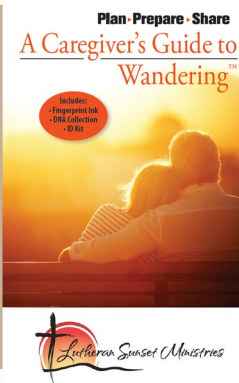
Our new Board member is Mark Woodling. Mark works in real estate, based in Dallas but working all around the United States. His grandparents lived with us here at LSM in Rainbow Retirement and then Sunset Home. His mom also has served on our Board, so he has deep connections to our ministry. We look forward to his service on the Board.

In June, Joann Baucom, who was director of residential services for the last 25 years, retired. I personally as well as LSM will always be grateful for her unwavering dedication to our residents and ministry!

As you look at this issue of Sunset News, you will notice our youthful fan base on the front cover! Also note the article about the Pot O' Gold donation to our local fire department. One of LSM's guiding principles is giving back to the community that whole-heartedly supports us. Our Pot O' Gold literally is that for our ministry, but it would be nothing without the thousands of donations we get from the greater community. Thank you to all who enable our volunteers to raise funds, not just for LSM but for the greater community.

In September, Windmill Café opened and is now in business. I encourage each of you to visit, have a great meal, then pick up the programming calendar of events that will be at the café between meal times. LSM is on a mission for the Windmill café to provide an affordable meal for those 65 and better and to be a gathering place for those 55 and better. If you fit into those categories (I can't believe I actually fit into one), please take advantage of the programs that are offered. It will be a lot of fun and you might make some new friends!

*Rodney Rueter, CEO/president*

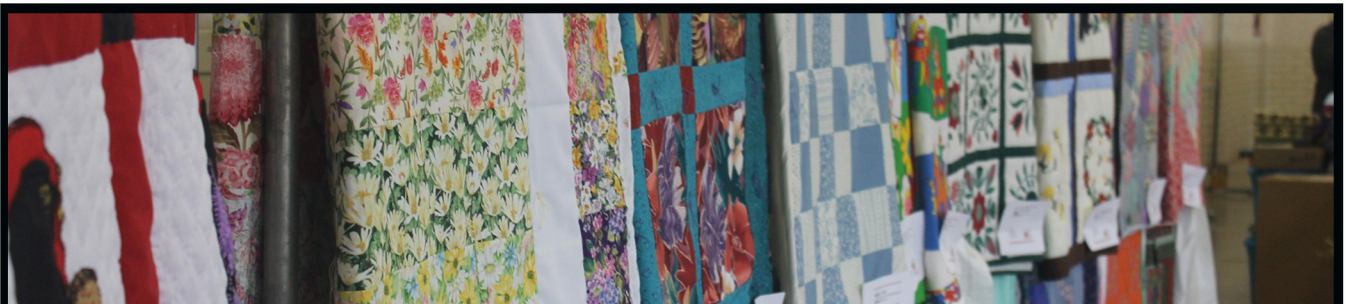


*N*OW AVAILABLE! We now have "A Caregiver's Guide to Wandering" available at the front desk of the Sunset Home (1800 W. 9th St., Clifton). Pick up your FREE copy Monday-Friday, 8am -12pm or 1:30pm - 5pm. You can also find a video on our website (<http://lutheransunset.org/resources>).

## Giving Back to the Community



In June, our Pot O' Gold volunteers decided to donate the funds raised from one week's sales to the Clifton Volunteer Fire Department. Thanks to the support of our amazing community and the hard work of our volunteers, they were able to present the Clifton VFD with a \$3,548 check. The Chief said they will use it for new hoses and radios, something they've been needed for a while. We thank them for all they do to keep our community safe!



## 26TH ANNUAL *LSM Volunteer Auxiliary* QUILT AUCTION

Saturday, October 21, 2017  
Clifton Civic Center  
403 W. 3rd St, Clifton



Preview: 10:00 a.m.  
Food Service: 11 a.m. to close  
Auction: 12:00 p.m.  
(Shuttle System will be available, call  
254-675-6785 for more information)

Proceeds are used to benefit residents and patients of Lutheran Sunset Ministries  
*LSM is an equal opportunity provider & employer*

## Grandparents' Weekend 2017

*I*n September, Lutheran Sunset Ministries celebrated Grandparents' Weekend in a big way! Residents, residents' families, staff and their families came together for food, fellowship, games, and some catch and release in the fish tank set up in our parking lot. Musical entertainment was provided by Rockin' Rick and Michael Cote. Residents and some of our younger guests were awarded with trophies for their amazing catches! This annual event has always been a success, thanks to our amazing staff and loving families who join us each year.



## Battle on the Brazos: Gold Medal Winners



*W*e are proud to announce that Lutheran Sunset Ministries won the GOLD medal at the first annual Battle on the Brazos, benefiting our partners Enrich Seniors! Our team went in with very limited experience (ok, none) and we came out on

top! True teamwork was shown that day. Enrich Seniors has partnered with our program Windmill Cafe to provide programming for those 55 or better. Thank you to High Five and the Enrich team for putting this together!

# Windmill Cafe Grand Opening



Lutheran Sunset has long recognized the need for providing their residents with opportunities in the four key aspects of successful aging – intellectual, spiritual, mental and physical. “Through our partnership with Masterpiece Living, a multi-specialty group who is committed to older adults aging in a better way, we’ve adopted the successful aging philosophy,” says Andrea Hikel, Rainbow Retirement Community manager. “Through our residents’ Lifestyle Reviews, we’ve seen a decrease in loneliness and an increase in social and physical activity. This tells us we are on the right track.”

With these stats in mind, LSM decided it was time to offer the same enriching opportunities they provide their residents to the community at large. After brainstorming, some research, and visiting café’s with similar models, it was approved in 2016 by the Board of Directors to pursue the idea of Windmill Café.

More than a café, Windmill will not only offer gourmet dining to the Clifton Community, but will offer programming for those who are 55 or better. This programming will include opportunities such as educational speakers, art classes, exercise classes, computer basics, health fairs and more. “The opportunities are endless,” says Mrs. Hikel. “If it’s a topic that older adults are interested in, we will try to incorporate it at some point in time. Suggestions are always welcome.”

In order to provide these interesting and enticing programs, Windmill Café has partnered with a fellow nonprofit, Enrich Seniors, who will have volunteers on sight to help lead programs and provide transportation for older adults in need in the Clifton community. Enrich Seniors is a nonprofit organization compassionately dedicated to improving the lives of seniors in our community through life-changing services and impactful programs. For more information on this organization, please visit [enrichseniors.org](http://enrichseniors.org).

The exercise classes by Leah Miles, currently offered in the adjoining room, will continue as scheduled and will be incorporated into the café programming schedule. For those unfamiliar with the classes, Mrs. Miles offers three convenient class times of 8am (advanced), 10am (intermediate) and 11am (post rehab). Anyone in the community is invited to attend.

Windmill Café is excited to announce that local Chef Theresa Carrier will be their Dining Experience Manager. Mrs. Carrier has quite the following as she’s the former owner of Gourmet Grill, which was located in Clifton. She brings 30 years of experience to the table, as well as her well sought after recipes. Joining Chef Carrier will be Mildred Martinez, a fellow Clifton native with many years of food service experience. Mrs. Martinez will serve as the café’s dining experience assistant.

The Grand Opening of Windmill Café took place September 18, 2017. Residents of Clifton and surrounding communities were invited to meet the staff, sample entrees, participate in programming and attend a ribbon cutting with the Clifton Chamber of Commerce.



## **MEMORIAL GIFTS**

*The services provided by LSM are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between May 1 through Aug. 31, 2017.*

### **ANDRES ALVAREZ**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **RODNEY BARNER**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **LEE BENNETT**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; John & Carolyn Hoel, Clifton; John & Carolyn Hoel, Clifton; Peggy Ruth Berry & Van Watts, Clifton; Kenneth & Clarice Nelson, Clifton; Becky & Brad Christmas, Wagon Mound NM.

### **BETTY BRAUN-SHARP**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **EVELYN BREWER**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **A O CARLSON**

Albrecht's Pharmacy, Clifton.

### **WILMA COOK**

Jenny M. Walker, Clifton.

### **PATSY DAHL CRANFILL**

William & Margie Bryan, Edna.

### **CHERITA EVANS**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **ELVIDA FARIES**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **ED FEHLER**

Maren & Alan Nagorzanski, Dallas; Sonja (Smith) Meyer, Mt. Prospect IL.

### **SAMUEL FIELDER**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **JOE FINLEY**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton

### **JORIS GATES**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton..

### **JULIAN GRIMLAND**

William & Margie Bryan, Edna.

### **BILLY GUNN**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Albrecht's Pharmacy, Clifton.

### **JOYCE GUSTAFSON**

Kenneth & Clarice Nelson, Clifton.

### **CHARLES HALL**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **JEROME HARDWICK**

Mr. & Mrs. James M. Davis, Fort Worth.

### **SHIRLENE HENNIG**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Albrecht's Pharmacy, Clifton.

### **MELBA HILL**

Albrecht's Pharmacy, Clifton.

### **LYDIA HOEL**

Gerald Nelson, Cranfills Gap; Richard Lundberg, Clifton; Cynthia & Carl Olson, Belton; John, Samantha, Rachel, & Ethan Lush; Clifton; Phyllis Homerstad, Irving; Bill Ward, Coolidge.

### **DOROTHY JONES**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **NORMA KENDRICK**

Jill Williams, Bostwick FL.

### **KENNETH KEY**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Rhoda White, Clifton; Albrecht's Pharmacy, Clifton.

### **JUDY J. NELSON MAMMEI**

Donald Mammei, El Paso.

### **DURWOOD MCADAMS**

Teddy & Kitty Ware, Valley Mills; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Giovannio & Ana La Mendola, Syosset NY; Darlene Hall, Clifton; Ruth Rose, Valley Mills.

### **DOROTHY JANELLE MCDANIEL**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **NELL MCDOWELL**

Sam & Terri Wells, Clifton; Colton Albrecht, San Antonio; Marshall Clark, Lubbock; Milton, Chris, & Mary Bergman, Gatesville; Tolline Enger, Waco.

### **ORBAN MCCOY**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **MARVIN MCPHERSON**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **NORMAN E. MELTON**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **PEARL MICKELSON**

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### **JERLINE MORENO**

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### **DIANE OGDEN**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **PETE OUALLINE**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **MARTHA SCARIANO**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **CONNIE O. SMITH**

Gerald & Cindy Thies, Clifton.

### **GLORIA STRYKER**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Rhoda White, Clifton; Albrecht's Pharmacy, Clifton.

### **GWEN SUMPTER**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **VETA THURMAN**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

### **DANIEL URBISH**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **JOHN WARRINER**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

### **LELA MAE WIESE**

M.S. Gunn Family, Temple.

### **VELMA WIETHORN**

Maren & Alan Nagorzanski, Dallas; Sonja (Smith) Meyer, Mt. Prospect IL.

### **PATRICIA WURBS**

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

**HONOR GIFTS**

These gifts are given to honor & appreciate special people, events, celebrations and/or achievements. All gifts help provide care to those served by LSM. The following gifts were given between May 1 through Aug. 31, 2017.

**BARBARA ANDERSON**

By: William & Shirley Kelm, Cameron.

**H & H Musicians**

By: Charles & Joyce Symank, Valley Mills.

**BETTYE SPEARS ON HER BIRTHDAY**

By: The "Lunch Bunch," Waco.

**REV. & MRS. LARRY HENRICHS 50TH WEDDING ANNIVERSARY**

By: Charles & Joyce Symank, Valley Mills.

**OUR SAVIOR LUTHERAN CHURCH IN WHITNEY 40TH ANNIVERSARY CELEBRATION**

By: Charles & Joyce Symank, Valley Mills.

**GENERAL GIFTS**

All gifts help LSM in its work and mission. The following gifts were given between May 1 through Aug. 31, 2017.

Mrs. Nancy Bratcher, Meridian Calvary Lutheran Church, Richland Hills  
Christ Lutheran Church, Dallas  
Mr. & Mrs. Larry Dietrich, Hewitt  
First Lutheran Church, Temple

First Presbyterian Church, Clifton  
Four Mile Lutheran Church, Mabank  
Rev. & Mrs. Calvin Goerdel, Clifton  
Mrs. Adele Hanus, Waco  
Immanuel Lutheran Church – Women, Alice  
Pastor & Mrs. Paul Krupicka, Waco  
NTNL Mission Area, Argyle  
Mr. Chester Posey, Clifton  
St. John Lutheran Church – Coryell, Gatesville  
St. Matthew Lutheran Church, Waco  
Mr. & Mrs. Charles Symank, Valley Mills  
Thrivent Financial for Lutherans, Appleton WI  
Trinity Lutheran Church, Wichita Falls  
Ms. Jo Ann Wendt, Fort Walton Beach FL

*Around Campus*



# Sunset News

Official Publication of  
**Lutheran Sunset Ministries**

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254.675.8637

[www.LutheranSunset.org](http://www.LutheranSunset.org)

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REQUESTED**

Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.


Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

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“ This is truly a ministry. They don't just **physically rehab patients**, they rehab-ed my mind and my soul ... it's so much **more** than just a job to them. ”

Ed Williamson  
Clifton, TX



**Lutheran Sunset Ministries**  
LSM is an equal opportunity provider & employer

Wm Martin Rehabilitation Center  
Sunset Home  
1800 West 9th Street  
Clifton, TX 76634  
254.675.8637  
[www.lutheransunset.org](http://www.lutheransunset.org)