

Sunset Home Activities Staff and Administrator at the 2019 Clifton Fair and Rodeo Parade.



Sunset News

May - August 2019

Official Publication of  Lutheran Sunset Ministries



In June, Sunset Home residents visited the Central Texas Fair at the Clifton Fairgrounds. Many of their entries in the arts and crafts competition received awards!



This county show includes the annual cash sale of livestock and a Home Economics Show. Some of the award-winning entries included bird feeders, light globes, wooden flag decorations, and more.



Central Texas Fair

Sunset Home • College Hill Assisted Living • Rainbow Retirement Community
Hospice Sunset • Sunset Companion Services

Message from the President



One of our goals here at Lutheran Sunset Ministries is for our residents – whether they live in Sunset Home, Heckmann Assisted Living, or Rainbow Retirement Community – to be able to continue to maintain their same daily schedule as they did before they moved here and be able to pursue their hobbies and interests as much as possible. In this edition of Sunset News, as in many others, you will see photos of our residents LIVING their lives. How do they live? They live by working on arts and crafts projects that they can enter into the local fair and win ribbons and other prizes.

They live by going to the same fair and watching young people show their animals, maybe reminiscing about the times they showed animals. They live by learning to paint or by reviving a latent talent for painting that they had given up on years ago. They live by attending daily exercise classes made abundantly more fun by our activities folks who make everything they do a lot more fun and interesting. They live by riding our bus or float in the parade. They live by going fishing in the fish tank provided for Grandparents' Day. They may even fish with their daughter son and/or grandchildren. They live by gardening and growing flowers and vegetables every spring. They live by singing with Elvis when he enters the building. They live by giving to our Chapel offering and then deciding which worthy cause to support with it. They live by raising funds throughout the year to grant a \$500 scholarship to a deserving high school senior. They live by going to Sonic and getting drinks or ice cream. They live by taking rides in the country. They live by making new friends and renewing old friendships. They live by the give and take that happens at mealtime and throughout the day with their fellow residents and our teammates and even with me!

You see, we all know there's a stigma attached to living in a nursing home or retirement living. However, Lutheran Sunset Ministries is constantly working to break that stereotype and show people what successful aging really looks like. Moving into retirement living or our nursing home does not mean you give up on life – it means you keep living and growing and learning.

What I have listed are just a few of the things that our residents get to participate in as they desire and are able. Successful Aging means to LIVE as long as possible. You don't give up just because you have to have more help than others. We challenge ourselves on a daily basis to add more life to our residents' day. They deserve it!

Thank you for your continued support of Lutheran Sunset Ministries!

Rodney Rueter, CEO/president



Andrea Hampe, LSM Marketing Director and Independent Living Manager, completed the 2018-2019 LeadingAge Texas Leadership Institute in May. The Institute is a yearlong program designed for emerging leaders in aging services. Institute Fellows actively explore best practices of leaders, analyze their own leadership, discuss learning and problem-solving styles, and generate a foundation of knowledge that they can draw from throughout their careers. LSM Campus Pastor Dave Anfenson will be the next team member to participate in this program.

Pot O' Gold Fire Sale

The Pot O' Gold Thrift Store, operated entirely by Lutheran Sunset Ministries volunteers, was able to give a gift to four local fire departments in June. Representatives from Clifton and Meridian were there to receive their checks of a little over \$1,100 each. Cranfills Gap and Valley Mills were not present but their checks were delivered personally. The volunteers at the POG are always pleased when they can donate one week's receipts to local causes, such as the fire departments, the Clifton Food Bank, and other local charities. Pot O' Gold is on par to potentially raise over \$150,000 for the ministry in 2019, which is used to better the lives of residents of Sunset Home. A BIG thank you to our volunteers for their hard work and dedication to our ministry!



Nancy Burnett was born in 1948 in Richwood, WV. She has two older brothers, one who lives in California and one who lives in New Mexico. Nancy enjoys reading, walking, antiques, lunch with friends, and attending cultural events. She also enjoys doing things for others.

After high school in Cowen, WV, Nancy received a BA from Marshall University, an MS from University of Wisconsin, and a PhD from Gonzaga University. Her careers included teaching, educational administration, and business executive.

Nancy and Bill met at her brother's house in Albuquerque. Turns out Bill knew both of Nancy's brothers. They've been happily married for 40 years.

Nancy's favorite vacation spot is Western Canada because of its vast, unspoiled land with green forests, clear water and vistas that stay in your mind's eye forever.

Bill Burnett was born in 1943 in Houston, TX and was raised in Centerpoint, TX. He has one younger brother who lives in California. He enjoys swimming, exercise, and reading.

Bill attended Helix High School in La Mesa, California and then received a BA from the University of California in Santa Barbara. His careers included construction/contracting, research and development, and business executive.

His favorite vacation spot is Alaska where he enjoys fishing. The feeling of success is what makes him happy.

Mr. and Mrs. Burnett moved to Rainbow Retirement Community in Clifton from Newport, WA in June 2019 and their favorite thing about Lutheran Sunset Ministries is the people!

Resident Spotlight: Meet the Burnetts



Fun Facts about Nancy

Favorite Flower: Iris

Favorite Smell: Clean, Pure Air

Favorite Food: Slovenian/Italian

Fun Facts about Bill

Favorite Flower: Blue Bonnets

Favorite Smell: Ribs on the BBQ

Favorite Food: Crisp Bacon

Hospice Volunteers Needed



Hospice Sunset, a program of Lutheran Sunset Ministries, is in need of volunteers who can provide companionship and non-medical support to their patients in the Bosque County area. Volunteers are an important part of a hospice program and can make a true difference in the lives of the terminally ill and their families. If you are interested in enriching your life and the lives of those served by Hospice Sunset, please contact Jennifer Speer at 254-675-3391.

Around Campus





Employee Spotlight

In 2010, Brandy Driskell became a registered nurse. She then accepted a position at Baylor Scott & White as an inpatient hospice nurse. In 2013, she left BSW to accept a position with a home hospice company. Brandy has been with Hospice Sunset for one year.

Through her experience with hospice, Brandy realized she had truly found her calling. She has done every aspect of hospice through her years of experience and finds the most joy in being at people's beside.

"I'm often asked why I would choose to do hospice. Or someone will say 'Oh, I'm sorry' as though it's a curse. I believe you are born into this world once and you leave this world once. Making the transition comfortable, gentle, and many times full of resolution brings peace to that journey. What better reward as a nurse than to bring a little sunshine at Sunset?"

For more information on Hospice Sunset call 254-675-3391.



Join
Our Team

Visit www.lutheransunset.org/contact/careers
for our current employment opportunities!

MEMORIAL GIFTS

The services provided by LSM are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between May 1 and August 31, 2019.

REV. HARVEY ANDERSON

Rev. & Mrs. J. Weldon Smith, Clifton;
Maren & Alan Nagorzanski, Dallas; Sonja & Joe Meyer, Mt. Prospect IL.

KELSY BAKER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MELVIN BERGMAN

Linda Martin, Grapevine; Mina Bergman, Clifton; Linda Timmons, Keller; Allen & Sharon Silver, Paola KS; Sally & Ron Bates, San Antonio; Bill & Carol Box, Kansas City MO; Mellie Bergman, Boerne; Martha Garf Swenson, Clifton; Dayspring Church, Arlington; Gary & Marian Fraser, Waco; Joyce Symank, Valley Mills; Martha Ragsdale, Heneretta; Mike & Sharon Conrad, Cleburne; Vic & Donna Barranco, Liberty

RUBY ESTELLE BIGGS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

ZELMA BOLLIER

Rev. & Mrs. J Weldon & Betty Smith, Clifton.

GERALD BOROM

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

DAVID CHAPPELL

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

VIRGINIA FAYE DAHL

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

DORA DAVILA

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

WILLIE GENE DICKSON

Jane Dickson, Denton.

EVA DOSS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

CLINT GAMBLE

Verna Pavelka, Clifton.

JOHN GLOFF

Rhoda White, Clifton.

MABLE GOODMAN

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

OSCAR HAMPE

Alvin & Annie Zuehlke, Meridian; J.W. Thiele, Clifton; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; John Bruington, Valley Mills; Emma Conrad, Round Rock; Emma McDougal, Clifton.

LARRY HARVEY

Charles & Helen Conrad, Mansfield; Rhoda White, Clifton

ALVIN (RAY) HOPPE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MILDRED HOWARD

Cecil & June Wimberly, Glen Rose; Johnny & Becky Waldrop, Carlsbad NM; Charles & Helen Conrad, Mansfield.

FRANCELLA JAMISON

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MIKE KIMBROW

Joyce Bergman, Clifton.

LOVED ONES

Charles & Helen Conrad, Mansfield.

REV. HERB LAMMERT

Anita Diebenow, Clifton.

MARIAN MENO

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MARION MOUNT

Dr. & Mrs. James Bowden, Cranfills Gap.

MARYNELL MURPHREE

Joyce Symank, Valley Mills.

RAYMOND MUSICK

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

CARL OLSEN

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

ELAINE PHILLIPS

Rodney & Melanie Rueter, Clifton.

MARJORIE POSTON

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MARVIN RADLE

Maren Nagorzanski, Dallas; Sonja & Joe Meyer, Mt. Prospect IL.

KURAKO ROSE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Alice & Don Brandenberger, Clifton.

VIRGINIA ROSE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

HENRY SANDERS

Sam & Terri Wells, Clifton; Bruce & Janie Greene, Clifton; Charles & Anna Marie Lindley, Clifton; Rhoda White, Clifton; Alice & Don Brandenberger, Clifton; Albrecht's Pharmacy, Clifton; Craig & Dayna Robinson, Clifton; CHS Class of 1977, Clifton; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Larry & Sherry Schulze, Clifton; Gene & Ginger Albrecht, Clifton.

VERNON SIMMONS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

CONNIE O. SMITH

Gerald & Cindy Thies, Clifton.

SUNSHINE SPICER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Latham & Linda Burk, Clifton; John Bruington, Valley Mills; Emma Conrad, Round Rock; Ronald & Jackie Penn, Clifton; Albrecht's Pharmacy, Clifton; Dr. & Mrs. James Bowden, Cranfills Gap

GERALD TEBO

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MILDRED UPTMORE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

KEN VANTASSEL

Rhoda White, Clifton.

HELEN VERSHER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

EDWARD WELCH
Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

JULIAN WILSON
Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MIKE WINDSOR
Jack Allday, Dallas.

LIBRADO YBARRA
Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

HONOR GIFTS

These gifts are given to honor and appreciate special people, events, celebrations and/or achievements. All gifts help provide care to those served by Lutheran Sunset Ministries. The following gifts were given between May 1 through August 31, 2019.

JOHN BRUINGTON
By: Joyce Symank, Valley Mills.

JEROME HARDWICK
By: Mr. & Mrs. James M. Davis, Burleson.

DR. JAMES PRESCHER
By: David & Dorothy Conrad, Clifton.

GENERAL GIFTS

All gifts help LSM in its work and mission. The following gifts were given between May 1 through August 31, 2019.

Mr. & Mrs. Michael Plemons, Crawford
St. John Lutheran Church – Coryell,
Gatesville
St. Matthew Lutheran Church, Waco
Mrs. Joyce Symank, Valley Mills

Thrivent Financial for Lutherans,
Appleton WI

Mr. & Mrs. Tom Webster, McGregor
Ms. Jo Ann Wendt, Fort Walton Beach FL

Mr. Bobby Zacharias, Frisco
Zion United Church, Clifton

Mrs. Nancy Bratcher, Meridian
Calvary Lutheran Church, Richland Hills

Central Lutheran Church, Dallas

Christ Lutheran Church, Dallas

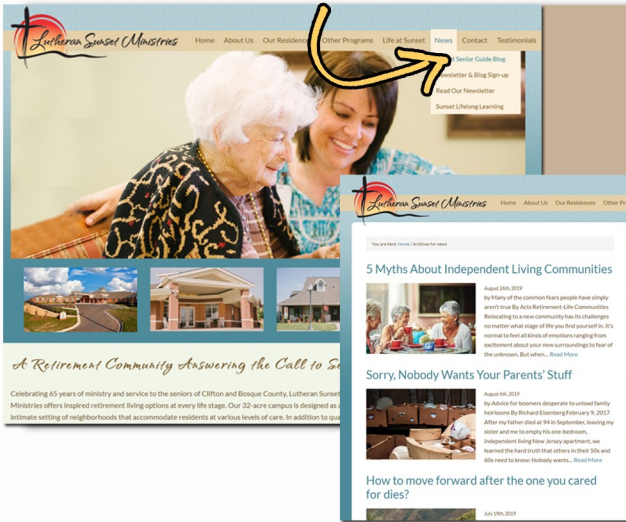
First Lutheran Church, Temple

First Presbyterian Church, Clifton

Gethsemane Lutheran Church, Austin

Rev. & Mrs. Calvin Goerdel, Clifton

Pastor & Mrs. Paul Krupicka, Waco



Did You Know ...

our website, www.lutheransunset.org has a blog called Sunset Senior Guide Blog? From Medicare, Medicaid, long-term care insurance and successful aging to staying physically and mentally fit, it is our goal to provide information to consumers regarding decisions they may face as they grow older and different needs arise. Visit our website and sign up!

Did You Know ...

our President/CEO Rodney Rueter is the newly appointed Chair-Elect of the LeadingAge Texas Board of Directors? LeadingAge Texas (formerly the Texas Association of Homes and Services for the Aging - TAHSA) was established in 1959 as a Texas not-for-profit corporation. Its purpose is to provide leadership, advocacy, and education for not-for-profit retirement housing and nursing home communities that serve the needs of Texas retirees.



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RETURN SERVICE REQUESTED

Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

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