

LSM Guinness World Record attempt, Oct. 15, 2016.



Sunset News

September - December 2016

Official Publication of  *Lutheran Sunset Ministries*

Texas nursing homes participating in Medicare and Medicaid, such as Sunset Home, a program of Lutheran Sunset Ministries, are required by federal law to undergo an annual survey and certification process by the Texas Department of Aging and Disability Services (DADS). These inspections (surveys) generally last three to four days and are unannounced. Surveyors examine everything and every department, with a fine tooth comb. The survey assesses whether the quality of care, as intended by the law and regulations and as needed by the resident, is being provided in the nursing home.

Sunset Home is proud to announce they received zero deficiencies during their survey in December. The most recent statistics available show the average nursing home in Texas received an average of nine deficiencies in 2014, with only 10.1% - 13.5% receiving zero deficiencies. With these stats in mind, Sunset Home is honored to be among the top percentile in Texas. For more information on DADS, please visit www.dads.state.tx.us.



Sunset Home • College Hill Assisted Living • Rainbow Retirement Community
Hospice Sunset • Sunset Companion Services

Message from the President

Happy New Year!!! I hope everyone had a Merry Christmas and have gotten off to a good start in 2017!

As I look back on the past year, several milestones come to mind that were reached here at Lutheran Sunset Ministries. First, Sunset Home had it's first-ever zero deficiency survey since more stringent surveys were implemented in the late 1980s. It takes a great team effort, day in and day out, to provide the services in Sunset Home. To provide them in the flawless manner our staff did, while being watched by surveyors is even more difficult. Kudo's to the Sunset Home staff for their excellent work!



Rodney Rueter

Second, Hospice Sunset celebrated its tenth year of serving the residents of Clifton and Bosque County. Hospice Sunset has worked with more than 500 patients and their families as they've faced difficult and trying times and tough decision making, all the while helping the patient and family consider their options and lovingly guide them through the process. The ultimate goal of hospice is to always make the last months of life comfortable and meaningful. Instead of being unnecessarily sick those last months from attempting life-saving treatment, our patients can be less sick, more comfortable and stay in their home as they are more able to enjoy their days, family, and friends.

Third, Lutheran Sunset Ministries and Clifton High School have partnered to provide certified nurse aide training to high school students who are interested in a healthcare career. This is such a unique idea that the partnership was the subject of a feature story on KWKT Fox44 TV out of Waco. Classroom training is done at the high school and the hands-on training will be done at Sunset Home.

And last but certainly not least, our Pot O' Gold volunteers broke the sales record again this year by generating \$137,027.41 in sales from the thrift store. And because many of our residents receive medical care from Goodall-Witcher Hospital Authority, they donated \$1,000 to the hospital bed campaign. I also want to express my thanks to all of you who make donations to the Pot O' Gold. Without your generous donations, our volunteers would have nothing to sell and none of the good we are able to do with the proceeds would be possible.

Lutheran Sunset Ministries strives to be the best and is committed to being a good community partner. These milestones are evidence of that.

Rodney Rueter, CEO/president



Clara Dee Bronstad and the Sunset Home Resident Council recently voted to install a flag pole near the front entrance. In December, David Conrad and the Clifton VFW presented a \$500 check to the Sunset Home to help pay for the new flag pole! Thank you so much for your generous donation!

Photo by Mary Burk



Hospice Sunset Open House

Not only was November National Hospice and Palliative Care Month, but it was also the tenth anniversary of Hospice Sunset. This program was started in 2006 by Lutheran Sunset Ministries in an effort to provide the community with a full continuum of care. Hospice Sunset has cared for more than 500 families, quickly becoming the premier hospice program in Bosque County.

To celebrate the last 10 years, Hospice Sunset invited the community to an Open House Celebration. Attendees met hospice staff, enjoyed refreshments and had a great time visiting with Santa! Thank you to everyone who attended.

Backed by the 60-year legacy of Lutheran Sunset Ministries, Hospice Sunset offers support to the patient, as well as to the family or caregiver, in managing the physical, emotional, financial, social and spiritual aspects of a terminal illness. An interdisciplinary team

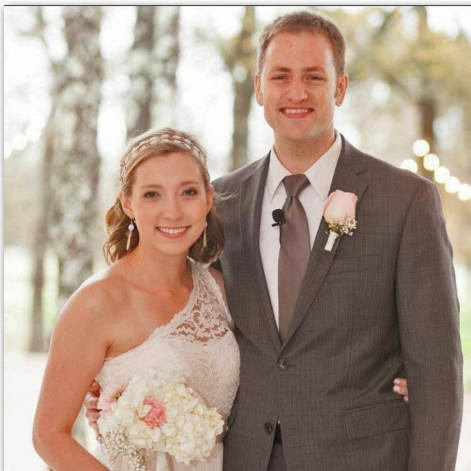
works with the patient and the patient's caregivers to manage the symptoms of the terminal illness and to provide care and comfort for both patient and family. The team—physicians, nurses, social workers, home health aides, bereavement counselors, chaplains and trained volunteers—provides these services in the patient's home, whether that be a private residence, an assisted living community or nursing facility. By limiting the service-area served by Sunset Hospice, they have been able to ensure a very quick response time.

In addition to providing practical services that enhance the patient's quality of life, Hospice Sunset offers spiritual counseling and support throughout and following the death of the patient. Sunset's chaplain may also coordinate services with the patient's faith organization for additional support. Available 24-hours a day, Hospice Sunset's staff are equipped with 30 years of combined experience. The staff includes Hospice Sunset Administrator Michele (Powers) Lloyd, RN; Rhonda Machac, RN; Rebecca (Herzog) Bird, RN; Krystal (Fields) Allen, LVN; Cindy Enriquez, CNA; Rebecca Woodrome, CNA; Judy Green, social worker; and Chaplain Dave Anfenson.

Hospice Sunset is available to the residents of Bosque, Coryell, Hamilton, Hill and McLennan Counties, within a 30-mile radius of Clifton. Their office is located off-campus at 113 South Avenue D in Clifton. To learn more about this program and how hospice works, please call 254.675.3391.



New LSM Campus Pastor



*L*utheran Sunset Ministries is proud to announce Dave Anfenson as the new campus pastor and hospice chaplain. Dave is an ordained minister and has been working as an inter-faith chaplain in the healthcare system for five years. He received a BA in Religion from USF and a Masters of Divinity from Baylor University's Truett Seminary. He understands the purpose of faith as an act of charitable dialogue and service towards all people. Dave and his wife, Chelsea, live in Waco, TX.

LSM Second World Record Attempt

To celebrate Active Aging Week, Lutheran Sunset Ministries attempted, for the second time, to break the Guinness World Record for most people in a chair-based exercise in October. The current record at the time was 731 people, set by Hong Kong Women Development Associated Limited. The event was held in conjunction with Clifton's FallFest, in front of the Clifton Post Office. While the record was not broken, 100 people gathered for a fun, community event that promoted health and successful aging in our community. Participants brought canned goods to use as hand weights during the event, and then all cans were donated to the local food bank after. At least 25 residents of LSM's various programs attended.

Lutheran Sunset Ministries still holds the Bosque County record of 166 participants, recorded in 2015 by the Bosque County Historical Commission. Look for a new and exciting record attempt in 2017!



Waco Trib H.O.T. Readers' Choice Awards

LSM was again voted #1 Retirement Community and received Honorable Mention Assisted Living for 2016! Thank you to everyone who voted!





Clifton High School adds CNA program, partners with retirement home

An area high school partnered with a retirement home to give students the opportunity to get certified as a nursing assistant by the time they graduate.

MYCENTX.COM | BY SARAH MACIAS

Partnership with CHS

Lutheran Sunset Ministries has formed a partnership with Clifton ISD to help them start a CNA program! Our nursing administration helped set up their classroom and organize a curriculum. Nine high school students were selected to participate in the inaugural class and they will be doing their clinical training at Sunset Home! We are so excited about this partnership and giving back to the community in such a unique way.



Since 1991, Lutheran Sunset Ministries has hosted the Sunset Auxiliary Quilt Auction. Each year, approximately 100 quilts are donated by more than 60 church congregations, groups and individuals throughout Texas and auctioned off to provide needed equipment and furnishings for our residents. The auction is always held on the third Saturday in October at the Clifton City Park Armory in conjunction with the day-long community event, Fallfest.

The 2016 Quilt Auction was a huge success, bringing in more than \$24,000! A big thank you to everyone who donated quilts and items for our specialty table, as well as everyone who attended the auction. We'd also like to thank our volunteers for their hard work and dedication to this wonderful event each year!

Quilt Auction & POG Record Year



Around Campus



Around Campus



*A*dam Willmann, CEO GWHF, was presented a \$1000 donation from the Luthern Sunset Ministries Pot O' Gold Thrift Store volunteers for the Goodall-Witcher Healthcare Foundation's Buy-A-Bed Campaign. The goal of campaign is to replace patient beds at Goodall-Witcher Hospital. The goal is to raise \$225,000 to replace 25 beds. The current beds lack in up-to-date technology and new safety features in comparison to the new beds they seek to acquire. If you wish to make an online donation, visit <http://www.gwhf.org/foundation.asp>. Your gift is appreciated and tax deductible, as provided by law.



*R*epresentatives from Thrivent Financial stopped by in December to present Lutheran Sunset Ministries with a \$2,500 donation! This contribution is from our partnership with Thrivent during our annual Sunset Auxiliary Quilt Auction. Thank you so much to Thrivent for their continuous support of our ministry!

*D*aniel Cazac from the Lutheran Foundation of the Southwest presented Rodney Rueter, president and CEO of LSM, with a check for \$124,349.65. Thank you Lutheran Foundation of the Southwest for your continuous support!



2016 Employee Service Awards

5 Years

Teresita Hargraves
Shannon Homerstad
Geraldyn Cumins
Santa Lerma
Tiffany Lyons
Kara Portman
Lucia Enriquez
Rebecca Woodrome
Barbara Weir

10 Years

Michael Hecker
Martha Devora

15 Years

Paula Wollum

20 Years

Lourdes Ritz

25 Years

Kristy Durrett



Congratulations and THANK YOU to these dedicated employees!

Need Extra Help Around the House?

Sunset Companion Services

- Providing companionship and conversation
- Planning, preparing and cleaning up after meals
 - Escorting to appointments
 - Assisting with telephone calls
- Helping with laundry, ironing, and drop-off/pick-up of dry cleaning
 - Helping with medication reminders
 - Providing light housekeeping
- Standing by during bathing, dressing and grooming routines
 - Assisting with pet care
 - And much more!



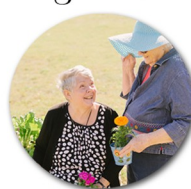
LSM is an equal opportunity provider and employer

www.lutheransunset.org
113 S. Avenue D, Clifton
254-253-1726

The Search Is Over.



From successful aging
tips to caregiving advice from local
experts, we are your resource for
senior living information.



www.LutheranSunset.org/News

413 Sunset Avenue, Clifton, TX 76634 | 254.675.8637

LSM is an equal opportunity provider and employer.



MEMORIAL GIFTS

The services provided by LSM are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between Sept. 1 and Dec. 31, 2016.

BILLIE JO ALLEN

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

JESSIE ALLEN

Carl J. Lukens Jr., Moody.

CLARENCE ANZ

Martha Anz, Clifton.

DAVID ANZ

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Johnye Kleine, Clifton; Dr. Jody Westbrook-Bergman & Dr. Michael Bergman, Roanoke; Martha Anz, Clifton.

EDWARD ANZ

Martha Anz, Clifton.

JANIE BAYER

William & Leslie Nunn, Powder Springs.

JAKE & MINNIE BEARDEN

Don & Beverly Bearden, Valley Mills.

RUFUS BELCHER

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

ETTA CARTER & KAREN CARTER

Gary & Angie Carter, Waco.

ERNEST CASTILLO

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

LARRY CHANCE

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

THE MOTHER OF FRIEDA CHYN

Frieda & Ted Chyn, Allen.

CLARENCE & PEARL COLWICK

Mary Orbeck, Clifton.

CLARENCE & RUBY CONRAD

Charles & Helen Conrad, Mansfield.

COLLEEN COWART

Herman & Linda Crews, Waco.

DORTHY CUMMINGS

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Shirley Woodson, Georgetown.

RICHARD DICKEY

Albrecht's Pharmacy, Clifton.

GENE DICKSON

Guy Hail, Prosper.

GUY DICKSON

Guy Hail, Prosper; Jane Dickson, Denton.

PAUL & ESTHER DIETIKER

Charles & Helen Conrad, Mansfield.

JOHN ESPINOZA

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

CHARLES FEHLER

Regina Fehler, Clifton.

HERMAN FOUST

Charles & Helen Conrad, Mansfield.

BILLY GRAY

Calvin & Donna Goerdel, Clifton.

TURNER & OLLIE MAE GREENWADE

Ron & Sally Bates, San Antonio; Vic & Donna Barranco, Liberty.

JENNIE MAE HALL

Steven & Stephanie Kucera, West.

ROSEMARIE HAM

Frieda & Ted Chyn, Allen.

ROBERT 'BOB' HANES

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

JEROME HARDWICK

Mr. & Mrs. James M. Davis, Fort Worth.

MARY HENRY

Mrs. Adele Hanus, Waco.

JOE HONEYCUTT

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Paula Alexander & Family, Montgomery.

ELSIE ANN JENNINGS

Charles & Joyce Symank, Valley Mills.

CAROLINE JERMSTAD SMITH

Todd Jermstad, Austin.

BETTY JOHANNES

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

JEAN JOSEY

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

RUBY JUNGSMANN

William & Shirley Kelm, Cameron.

WILLIAM KEY

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

BRUCE KLITZKY

Patricia & Lisa Klitzky, Bedford.

GARLAND KNETEN

Rev. J. Weldon & Betty Smith, Clifton; Mr. & Mrs. John Swenson, Dallas.

ROGER KRAUSE

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

THEO LAVERGNE

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

JEANNINE LEBLANC

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Melissa & Martin Reitz, Hobson; Craig & Jonette Whitley, Houston.

KATHRYN LEON

Albrecht's Pharmacy, Clifton.

CLEONE MARKEN

Robin Carrasco, Reno NV.

JACK MARRS

Teddy & Kitty Ware, Valley Mills; Waco City Manager's Office, Lorena.

MR. & MRS. ARNOLD MILLER

Gene Miller, McGregor.

EMMIE MITCHELL

Rev. C.A. & Gloria Mangham, Cranfills Gap.

BETTY MYERS

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

NATHANIEL NELSON

Judy Nelson Mammei, El Paso.

NORAN & NORENE NYGAARD

Ken & Pat Surley, Dallas.

BEATRICE "BEE" OLDFIELD

Ken & Pat Surley, Dallas.

MILDRED PATTERSON

Michael & Kay Sakowski, Arlington.

LENNA POE

Albrecht's Pharmacy, Clifton; Charles & Joyce Symank, Valley Mills; Roger & Juanita Bushee, Polly Ditto, Clifton; Rodney & Melanie Rueter, Clifton; Lucy Gary, Clifton; Mike & Vicki Bernhardt, Clifton; Karen Harrison, Clifton; Herbert Haschke, Tulsa OK.

THE HONORABLE DEWEY RATLIFF

Steven Regan DDS, Clifton.

EMMA RATLIFF

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

MEMORIAL GIFTS (continued)

JAMES ROSE

Rodney & Melanie Rueter,
Clifton; Joann Baucom, Clifton;
Lance Allen, Clifton.

POLLY SANDERS

Rodney & Melanie Rueter,
Clifton; Joann Baucom, Clifton;
Lance Allen, Clifton.

MR. & MRS. ERNEST SCHWETTMANN

Gene Miller, McGregor.

WILBURN & MARALEE SHANKS

Don & Beverly Bearden, Valley
Mills.

BOBBY SHARP

Teddy & Kitty Ware, Valley
Mills; Milton & Betty Moore,
Lott.

CONNIE O. SMITH

Elsie Phillips, Cranfills Gap;
Gerry & Cindy Thies, Clifton.

FRANCES SNELGROVE

Rodney & Melanie Rueter,
Clifton; Joann Baucom, Clifton;
Lance Allen, Clifton.

LOIS STELWAGEN

Rodney & Melanie Rueter,
Clifton; Joann Baucom, Clifton;
Lance Allen, Clifton; Robert
Hancock & J. Winn-Hancock,
Bellville.

CLEO TERGERSON

Rodney & Melanie Rueter,
Clifton; Joann Baucom, Clifton;
Lance Allen, Clifton.

VERA TURNER

Rodney & Melanie Rueter,
Clifton; Joann Baucom,
Clifton; Lance Allen, Clifton.

ERNEST WILLMON

Rodney & Melanie Rueter,
Clifton; Joann Baucom,
Clifton; Lance Allen, Clifton.

HONOR GIFTS

These gifts are given to honor
& appreciate special people,
events, celebrations and/or
achievements. All gifts help
provide care to those served
by LSM. The following gifts
were given between Sept. 1
and Dec. 31, 2016.

ALL VETERANS OF THE U.S. ARMED FORCES

By: Donald & Dorothy Maxine
Smith, Dallas.

DOROTHY ANN BROWN ON HER 90TH BIRTHDAY

By: Virginia & John Beaver,
Seguin.

MARSHA BROWN

By: William & Leslie Nunn,
Powder Springs GA.

JOY GRAY

By: Calvin & Donna Goerdel,
Clifton.

JEROME HARDWICK

By: Mr. & Mrs. James M. Davis,
Fort Worth.

JOYCE HECKMANN

By: Bill & Jean Frazer, Houston.

PASTOR LEMAE HIGGS

By: Carolyn Tobola, Schulenburg.

HOSPICE SUNSET

By: Charles & Joyce Symank,
Valley Mills.

THE FAMILY OF TRENT & HELEN KNUDSON

By: Trent & Helen Knudson.

LSM STAFF FOR GRANDPARENTS WEEKEND CELEBRATION

By: Charles & Joyce Symank,
Valley Mills.

JAMES MANTOOTH

By: Velma Mantooth & Sharon
Nichols, Whitney.

OUR SAVIOR LUTHERAN CHURCH- WHITNEY - CELEBRATING 40 YEARS OF GOD'S BLESSINGS

By: Charles & Joyce Symank,
Valley Mills.

ROSALINE & THE SUNSET KITCHEN STAFF

By: The POG Volunteers, Clifton.

THE MANY PEOPLE ON LSM'S STAFF

By: Marion Stewart, McGregor.

JENNY WALKER- ON HER BIRTHDAY

By: Amanda Smith, Waco.

GENERAL GIFTS All gifts help
LSM in its work and mission. The
following gifts were given between
Sept. 1 and Dec. 31, 2016.

Abiding Savior Lutheran Church,
Cameron
Mark & Christine Armstrong,
Pflugerville
Dr. & Mrs. James Bowden, Cranfills Gap
Mrs. Nancy Bratcher, Meridian
Calvary Lutheran Church, Richland Hills
Ms. Maria Castillo, Clifton
Christ Lutheran Church, Dallas
Clifton Funeral Home, Clifton
Mr. & Mrs. Edwin Conrad, Clifton
Mr. & Mrs. Larry Dietrich, Hewitt
Dorothy Downing, Waco
Faith Lutheran Church, Meridian
First Lutheran Church, Temple
First Presbyterian Church, Clifton
Dr. & Mrs. D.A. Gloff, Clifton
Zacha Gregory, Clifton

Mr. & Mrs. Paul Halvorson, San
Antonio
Col. & Mrs. Jimmie Hanes Jr.,
Crawford
Mr. & Mrs. Chester Haschke, Dallas
Mrs. Joyce Heckmann, Waco
Hope Lutheran Church, Buckholts
Immanuel Lutheran Church, Killeen
Judge & Mrs. Derwood Johnson,
Waco
Mr. & Mrs. William Kelm,
Cameron
Pastor & Mrs. Paul Krupicka, Waco
Rev. & Mrs. Herbert Lammert,
Clifton
Mr. & Mrs. Robert B. Lane, Clifton
Mrs. Ona Lange, McGregor
Mr. Gerald Nelson, Cranfills Gap
Our Savior's Lutheran Church
Women, Clifton
Mrs. Lorine L. Peters, Cedar Hill
Preston Meadow Lutheran Church,
Plano
Mr. & Mrs. Donald Robertson,
Robinson

Mr. Wayne Rohne, Arlington
Mr. & Mrs. Calvin Rueter, Clifton
Mr. & Mrs. Robert Schuetze,
Waco
St. John Lutheran Church -
Coryell, Gatesville
St. Matthew Lutheran Church,
Waco
St. Olaf WELCA, Cranfills Gap
Mr. & Mrs. Charles Symank,
Valley Mills
Mr. & Mrs. Peter M. Tart, Dallas
Thrivent Financial for Lutherans,
Appleton WI
Trinity Lutheran Church, Clifton
Trinity Lutheran Church, Wichita
Falls
Mr. & Mrs. W.H. Watson,
Meridian
Mr. & Mrs. Tom Webster,
McGregor
Mrs. Elaine Welgehausen, Fort
Worth
Ms. Jo Ann Wendt, Fort Walton
Beach FL

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P.O. Box 71
Clifton, TX 76634
254.675.8637

www.LutheranSunset.org

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Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

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