



Sunset News

May - August 2016

Official Publication of  Lutheran Sunset Ministries

It's Never 2 Late

You may have noticed a new technology being implemented in the Sunset Home in the last few weeks. ***It's Never 2 Late*** (iN2L) is a computer system that empowers residents to connect, engage and enjoy life. iN2L integrates the hardware, software, media and various components necessary to allow virtually any person with any interest in using a computer — regardless of background, physical or intellectual abilities — to do so pleurably, engagingly, and without frustration. The system is built on a picture-based, touch-screen interface that allows users to simply “touch” their way to find engaging, educational, spiritual and personalized content that is appropriate to their own level of ability. From using e-mail and web cams to connect with family and friends, to enjoying mind-stimulating activities, to improving hand-eye coordination as part of a rehabilitation program, elders with a wide range of physical and cognitive abilities, most of whom have never used a computer, are now enjoying technology using systems adapted especially for them. There is a possibility this technology will spread across the LSM campus, allowing all of our residents to participate. Check it out at www.in2l.com.



It's Never 2 Late 
Dignity through technology

Sunset Home • College Hill Assisted Living • Rainbow Retirement Community
Hospice Sunset • Sunset Companion Services

Message from the President

I hope all of you have been enjoying this cool, wet weather with which we have been blessed! I have not found anyone yet who can remember such a cool month of August, and now we have a very nice September as well!

This addition of Sunset News is packed with pictures, articles, and notices of upcoming events, all of which make Lutheran Sunset Ministries a special place to call home! One of my ongoing challenges to our managers is, "What would you like to be able to do if you lived in any of our residential programs here at Lutheran Sunset Ministries?" The old school of thought is that we provide things to keep residents busy with various activities throughout the day. But does keeping residents occupied enhance their life? There is nothing inherently wrong with keeping people busy during the day; however, do we ask them what they would like to do or do we just assume we know what they want? Do we know what their individual interests are and do we help them pursue those interests? There is a new phrase we are beginning to use - Purposeful Living. What can LSM, as a ministry, do to add purpose to our residents' lives? And how are we doing at adding that purpose? Several years ago I attended a conference where one of the speakers challenged us as providers of services by saying "The only thing that should change when someone moves into your ministry is their address," the idea being that their daily routine would be the same here as it was at their home. That is a very tall order but it is something we should strive to achieve. Every one of us needs a purpose in our life or we begin to question our value. Masterpiece Living, with whom we partner, helps guide us to enrich our residents' social, intellectual, physical and spiritual aspects of life. Our activities calendar is color-coded to highlight the area of focus that each activity meets. At this time, purposeful living for our residents includes gardening, selling plants, selling shelled pecans and using the proceeds to buy flower arrangements for the Chapel and sponsor Angel Tree families at Christmas, getting together a game of dominos with no help from our staff, art classes, exercise classes and the list will get longer over time. With the new It's Never 2 Late equipment (article on front page), more avenues for purposeful living are being opened. Do we enable residents to do everything that I would want to be able to do if I lived here? Not yet. We are closer every day and we will continue to work on it!



Rodney Rueter, CEO/president



Our very own Sunset Auxiliary Volunteer, Marilyn Whitworth, received the honor of **VOLUNTEER OF THE YEAR** at the Heart of Texas RSVP banquet in June! LSM volunteer John Mounce was a runner up for this award as well! Thank you so much for your hard work and dedication to LSM, Marilyn and John! We appreciate you!! And as a bonus, we got to meet country singer Holly Tucker! Join us in congratulating Marilyn Whitworth!

Second Annual LSM Community Pet Show



On Saturday, June 18, Lutheran Sunset Ministries (LSM) hosted its Second Annual Community Pet Show at the Sunset Home, the long-term care program of the ministry. Dogs, birds and even a bearded dragon gathered to show off their best qualities for Sunset Home Residents and visiting community members. Other pets included a turtle, sugar gliders, goats, chickens, a dove and a rabbit.

Best Bark, Best Trick and Best Jump were among some of the fun categories for dogs to show off their talents, while other canines chose to show off their looks in the Best Costume, Fluffiest and Longest Tail categories, to name a few. Some of the more unique pets competed for Most Unique, Most Talented, Friendliest and Owner/Pet Look-a-Like.

This was a fun opportunity for the community and our staff members to show off their furry, feathered and scaly friends to some of the best judges in town ... our residents! Ribbons and trophies were awarded to the winner of each category and photos will be posted on our Facebook page and website (www.lutheransunset.org).

Thank you to everyone who participated and congratulations to all of our winners! We plan to have the third annual event in June 2017.

Second Place Award at ArtsInspire

LeadingAge Texas, an organization that provides leadership, advocacy and education for not-for-profit retirement housing and nursing home communities, hosted ArtsInspire™ at their 2016 Annual Meeting and Trade Show in May. ArtsInspire is a contest that showcases the artistic talents of older Texans from retirement communities across the state. This year, Patsy Bearden, a resident of LSM's Sunset Home, placed second with her painting, "Evening at the Lake."



New Companion Services Manager



Lutheran Sunset Ministries is proud to announce and welcome Candice Thompson as the manager of Sunset Companion Services. Having spent the last eight years working for state agencies such as the Department of Family and Protective Services as well as LSM's Heckmann Assisted Living, Ms. Thompson comes with a wealth of experience within the industry. Ms. Thompson is a resident of Bosque County and graduated from Clifton High School in 1990. She then graduated with honors from Southern Nazarene University in 2008, returning to Clifton in 2014. Her roots are deep in Bosque County, as her parents have resided in Clifton for the last 28 years. Following in her footsteps, her nine-year-old son attends Clifton Elementary. Since working for LSM's Heckmann Assisted Living for the past year, she has discovered her purpose and passion in serving older adults and the pursuit of creatively and deliberately discovering ways to foster positive aging in all areas and stages of life. For more information on Sunset Companion Services, please contact Candice Thompson at 254-253-1726 or visit www.luthersunset.org.

JOIN US AT FALLFEST!!



25th Annual Quilt Auction



Clifton Armory - Preview, 11 a.m. - Serving Food, 12 p.m. - Auction, 1 p.m.

Help us Break a World Record!



Most People in a 30 min. Chair-based Exercise - Record to Beat: 481 people
In Front of the Clifton Post Office - 10 a.m.

Bring a Folding Chair and Two Canned Goods for Hand Weights
All Canned Goods Will be Donated to the Clifton Food Bank

Saturday, October 15, 2016

LSM is an equal opportunity provider & employer

Around Campus



MEMORIAL GIFTS

The services provided by Lutheran Sunset Ministries are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between May 1 through August 31, 2016.

JESSIE ALLEN

Carl & Lula Lukens, Moody.

POLLY ALLISON

Sue Ellen Sappenfield, Sherman.

MARY JANE BARTON

Miller & Winnell Herrington, Whitney; Bill, Betty, & Lorraine Kirkpatrick, Hillsboro.; Rodney & Melanie Rueter, Clifton.

EDWARD BRYNN

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Kenneth & Clarice Nelson; Timmy Kleine, Clifton.

VIOLA CORNETT

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

LORA DENSON

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

HERMAN FOUST

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

TOMMY FULFER

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

HAROLD GEISTWEIDT

Geneva & Guy Finstad, Cranfills Gap.

DORA "JANICE" GOLDEN

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

JEROME HARDWICK

Mr. & Mrs. James M. Davis, Fort Worth.

ERNEST HARVEY

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

EMILY TAYLOR, JEANNE HENRY, POLLY ALLISON, & MARGUERITE RHEA

Sue Ellen Sappenfield, Sherman.

MINNIE LOU HOOD

Dina Dwyer-Owens & Mike Owens, Waco; Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

ROBERT JAMISON

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

HAROLD KETTLER

Rodney & Melanie Rueter, Clifton.

ALMA KEY

Rodney & Melanie Rueter, Clifton.

JAYNE LAND

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

KATHRYN LEON

Albrecht's Pharmacy, Clifton.

LILLIE SCHMIDT MATTHEWS (AUNT LILLIE)

Robert Matthews, Plainview.

MEMBERS OF OUR ARMED FORCES WHO GAVE THEIR LIVES FOR US

Donald & Dorothy Smith, Dallas.

WAYNE MIXON

Jan & Mark Wallace, Meridian.

CHARLES NEECE

Mildred Van Winkle, Dallas; Ken & Pat Surley, Dallas.

JACKIE OLSON

Timmy Kleine, Clifton.

BILLY PEDERSON

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Cecil & June Wimberly, Glen Rose; Todd Jermstad, Austin; Jimmie & Doris Jermstad, Temple; Clara Dee Bronstad, Clifton; Jan & Mark Wallace, Meridian; Mary Ellen Ludwig, Clifton; Patricia & Larry Wallace, Spring; Lucille Gary, Clifton.

SUE POSEY

Rodney & Melanie Rueter, Clifton.

TROY RAINS

Timmy Kleine, Clifton; Rodney & Melanie Rueter, Clifton.

ZONA RANSOM

Albrecht's Pharmacy, Clifton.

MARGUERITE RHEA

Sue Ellen Sappenfield, Sherman.

AUGUST ROETSCHKE

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton; Frederick Henkelman, Burleson.

DORTHA SHAMBLIN

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

ROBERT SIMS

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

CONNIE O. SMITH

Gerald & Cindy Thies, Clifton.

DONNY SONNTAG

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

MARVIN "FUZZ" SPITZER

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton; Lance Allen, Clifton.

LEE STANLEY

Timmy Kleine, Clifton.

MEMORIAL GIFTS

(Continued)

HERSCHEL VANDERMUELEN

Rodney & Melanie Rueter, Clifton;
Joann Baucom, Clifton; Lance Allen,
Clifton.

MARY WHITEHOUSE

Rodney & Melanie Rueter, Clifton;
Joann Baucom, Clifton; Lance Allen,
Clifton.

FERN WIGGINS

Kenneth & Clarice Nelson, Clifton.

A.W. ZAJICEK JR.

Calvin & Dorothy Rachui, Rogers.

CLARA ZUEHLKE

Rodney & Melanie Rueter, Clifton;
Joann Baucom, Clifton; Lance Allen,
Clifton; Rev. & Mrs. J. Weldon Smith,
Clifton; Mr. & Mrs. Roy Kubiak, De
Leon; Emma & Jerry McDougal,
Clifton; Charles & Joyce Symank,
Clifton; Betty J. Cooper, Clifton;
Alvin & Ann Zuehlke, Meridian,
Melissa Zuehlke, Eric & Janet
Zuehlke family, Lawrence & Jan
Zuehlke, Lara Zuehlke, David &
Laurie Zuehlke, Howard & Jana
Bennette family, Lee & Ronda Kroll
family, Dwayne & Laurie Guinn
family, Jamie & Helen Morris,
Megan Morris, & Michele Morris;
Albrecht's Pharmacy, Clifton;
Thomas & Gail Lemay, Canton;
Lucille Gary, Clifton.

HONOR GIFTS

These gifts are given to honor and
appreciate special people, events,
celebrations and/or achievements. All
gifts help provide care to those served
by Lutheran Sunset Ministries. The
following gifts were given between
May 1 through August 31, 2016.

JAMES MANTOOTH

By: Velma Mantooth, Whitney.

JACK & HAROLDEAN MARRS

By: Michelle Lloyd, Clifton & Krystal
Allen, Valley Mills.

BETTY SPEARS

On Her Birthday
By: Bryan & Jan Stone, Woodway.

GENERAL GIFTS

All gifts help LSM in its work and mission. The following general gifts were given between May 1 through August 31, 2016.

Mrs. Nancy Bratcher, Meridian
Calvary Lutheran Church, Richland Hills
Ms. Maria Castillo, Clifton
Mr. Glen Chesshir, Dallas
Christ Lutheran Church, Dallas
Mr. & Mrs. Larry Dietrich, Hewitt
Faith Lutheran Church Women, Beeville
First Lutheran Church, Temple
First Presbyterian Church, Clifton
Gethsemane Lutheran Church, Austin
Rev. & Mrs. Calvin O. Goerdel, Clifton
Mrs. Adele Hanus, Waco
Immanuel Lutheran Church, Killeen
Mr. & Mrs. William Kelm, Cameron
Pastor & Mrs. Paul Krupicka, Waco

Mr. & Mrs. Dave Lloyd, Clifton
Mrs. Velma Mantooth, Whitney
Mr. Chester Posey, Clifton
Mrs. Helen Robinson, Clifton
St. John Lutheran Church – Coryell, Gatesville
St. Matthew Lutheran Church, Waco
St. Olaf Lutheran Church, Cranfills Gap
St. Paul Lutheran Church, Crawford
Mrs. Marion Stewart, McGregor
Mr. & Mrs. Charles Symank, Valley Mills
Mr. & Mrs. Gerald A. Thies, Clifton
Thrivent Financial for Lutherans, Appleton WI
Trinity Lutheran Church, Wichita Falls
Ms. Jo Ann Wendt, Fort Walton Beach FL
Zion Lutheran Church, McGregor

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254.675.8637

www.LutheranSunset.org

**RETURN SERVICE
REQUESTED**

Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

Non-Profit Organization
U.S. Postage
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Clifton, Texas 76634
Permit No. 27

A Blast From the Past *Clifton Fair Parade, September 1961*

