Sept.-Dec. 2014

#### Lutheran Sunset Ministries Programs

Sunset Home

Hospice Sunset

College Hill Assisted Living

Rainbow Retirement Community

Sunset Companion Services



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## Introducing the Sunset Senior Guide Blog!

It has been a goal of Lutheran Sunset Ministries to be able to provide information to consumers regarding decisions they may face as they grow older. From Medicare, Medicaid, long-term care insurance and successful aging to staying physically and mentally fit, the list is virtually endless. It is our hope that you will find the information we provide on our blog helpful for you or your loved one who has important decisions to make. As a ministry focused on meeting the needs of older adults, we have employees who are experts in their field and can answer

many of these questions. We will be providing content from them and other experts to help you make educated decisions and live a longer, healthier life. We want you to be able to confidently come to us for answers to your questions and to help bring you peace of mind. We would be happy to receive suggestions about topics that may interest you. Submit suggestions on our website, lutheransunset.org. LSM is your resource for all things related to successful aging. Please visit lutheransunset.org/news to view our most recent blog and sign up to received weekly updates.

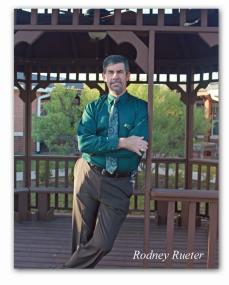


# Message from the President

Sometimes we don't see God working until after the fact. The year began by forming a joint venture with Goodall Witcher Hospital Authority in order to gain additional funding for Sunset Home. Since this move has no precedent in the history of our ministry, it came with its own set of stressors; however, we have benefited greatly! The electronic health records upgrade has been paid for almost totally by the joint venture. We were able to give well -deserved staff bonuses in December and made other minor improvements, all paid for with joint venture funds. God provides!

Anytime we have an opening in management, there is a lot of experience and knowledge that leaves and there is a period of learning and adjustment that takes place when a new person is hired and comes on board. Normally, we may go for a year or two without any manager positions coming open. Our managers are long-term employees and do a great job. And those positions are key positions and can be hard to fill. This year

however, we had a lot of turnover in our managers, some anticipated and some not. The following positions turned over in the past year: Heckmann Assisted Living manager, Sunset Home administrator, Sunset Home director of nursing, Sunset Home Environmental Services manager, Sunset Home activities director, Human Resources director, Campus Chaplain and the Marketing and Community Relations director. When you have that many people leave, it poses a problem for sure but it also presents opportunities. In the past, when I was concerned about an obstacle that had been placed in front of the ministry, I would wonder "How do we make this adjustment?" Over the years, Helen Morris always told me that God would not let the ministry fail. And after filling all of these positions, I have to believe she is right. God brought people to us from the following places: Spokane,



Washington; Hereford, Texas; Frisco, Texas; West, Texas; Lorena, Texas; and Clifton, Texas to fill these positions. When the year started, none of them would have thought they would be working at LSM or being managers, but now, are integral parts of our ministry. Every one of these managers is dedicated to improving the lives of the residents of LSM. God provides!

I don't know what 2015 has in store for LSM -- I certainly could not have predicted what happened last year. I just know that whatever comes our way, God in His way will provide!



Onoring our veterans each November is a tradition Lutheran Sunset Ministries established about 11 years ago. The Bosque River Chapter of the Daughters of the American Revolution (NSDAR) joined with LSM again this year to host a community-wide event, which invites all veterans to participate. Highlights of this year's event included a musical tribute by Steve Watson of Clifton on the piano, several nostalgic songs by the group *Vintage Swing* and taps played by Daniel Yguerabide. Also included in the program was the honoring of "Bosque County Women in American History," words of tribute from Bosque County judge Dewey Ratliff and Mayor Richard Spitzer and tributes from Mike Burns and Bob Flood, veterans of the Vietnam War. Al West (pictured) was the recipient of the Distinguished Citizen Medal, presented by Kathy Hanlon, national and state chair for NSDAR.

# Banner Year for Sunset Auxiliary

Lutheran Sunset Ministries has extremely dedicated volunteers who work tirelessly throughout the year for the Pot O' Gold Thrift Store and the annual Quilt Auction to provide added funds for the organization. These funds help provide extra equipment and projects on the campus, increasing the quality of life for residents. Surpassing their amount of funds raised in 2013, volunteers helped to raise \$36,354 at the 2014 Quilt Auction and more than \$103,000 for the year at the Pot O' Gold Thrift Store. LSM is truly blessed to have such dedicated people who provide much needed support.









Clockwise from top left: Volunteers display quilts at 2014 Quilt Auction; Guests viewing the quilts before the auction; Volunteers ready for the Saturday opening of the Pot O' Gold in December; Wine and Cheese event at the Health Center.

# Annual Endowment from LFSW



For many years, Lutheran Sunset Ministries has enjoyed relationships that help LSM grow and progress, expanding its ability to offer more services, care and programs. The Lutheran Foundation of the Southwest David Johnson, LFSW senior gift planner, presenting Lutheran Sunset Ministries' CEO Rodney Rueter with their annual endowment beneficiary check for \$128,000.

organizations who provide ongoing support. LFSW was founded a number of years ago to support Lutheran agencies in Texas. One of these services is to work with individuals setting up deferred gifts or planned giving. LSM has been the recipient of planned giving each year, reaching beyond \$100,000 annually. LSM is very grateful for the ongoing support!

### Helen Morris Retires

This past October, Helen Morris, community relations director, retired from Lutheran Sunset Ministries after 33 years of service. Helen's degree from college was in Gerontology. She was hired by President/CEO Elmer Luckenbach in 1981 to run the activities program at Sunset Home. She did that for many years and when Lauren Endahl became the President/CEO in the early 90s, he asked her to get her administrator's license. After attending administrator's school, she became a

Licensed
Nursing
Home
Administrator. She was
then made
an assistant
administra-



tor with duties overseeing Dietary, Housekeeping, Laundry and Maintenance. Then, in the early 2000s, Helen became LSM's community relations director. In that role, she worked closely with LSM volunteers in the Sunset Auxiliary, the Pot O' Gold and the Quilt Auction. Thank you Helen for all you did on behalf of our residents!



# Lutheran Sunset Ministries RESIDENTART SHOW 2015





# MARCH 19-21, 2015

- Bosque Arts Center 215 S. College Hill Dr., Clifton
- Exhibit Available for Viewing: Thurs.-Fri., 9a.m.-5p.m. Sat., 10 a.m. - 5 p.m.
- Art Reception:Saturday, March 212 p.m. 4 p.m.
- Free to the Public

# Sunset Auxiliary Installation Service

On December 10, 2014, the 2015 Sunset Volunteer Auxiliary officers were installed. Conducted by Pastor Doug Nemitz, the installation program thanked the 2014 officers for their service and welcomed the incoming officers for 2015.



2015 officers from left: John Mounce, Robert Phillips, Doug Nemitz (LSM pastor who conducted the installation program), Glenda Strickland, Gladys Anz, Barbara Anderson and Ron Hubbard (Marilyn Whitworth not pictured).







A big thank you to our exiting officers: Helon Knudson, Pam Hubbard & Betty Smith!



# 2014 Employee Service Awards

#### 5 Years

Jesse Kubiak
Alice Pederson
Rhonda Sadler
Connie Posey
Lea Ann Mathews

#### 10 Years

Greta Albrecht Marie Crouch Raquel Martinez Joyce Davis Alma Thiele

# **25 Years**Morna Fulton

**20 Years**Sandra Lindsey

#### 15 Years

Tonda Lane Suzanne Bottlinger

## LSM Parade Float Takes 1st Place

In October, the Lutheran Sunset Ministries parade float took first place in the National Championship Barbecue Cookoff parade in Meridian. Having put together the float decorations, LSM residents experienced a sense of accomplishment and celebrated a job well done. The trophy is proudly displayed at the front office of the Health Center. LSM also participated in the Clifton Lighted Christmas Parade in December and plan to be in many more parades in the future. Another example of exciting activities for our residents!





# Around Campus























# Successful Aging at LSM

Lutheran Sunset Ministries is proud to be a Masterpiece Living community. Masterpiece Living has defined a new reality about aging and senior living, emphasizing self-esteem and empowering residents to pursue a lifestyle that maximizes learning, growing and meaning in residents' lives.

This revolutionary whole-person, whole community initiative promotes a culture of successful aging. It is a comprehensive, research-based and measurable alternative that will help older adults make the kind of choices that contribute to a long and healthy life.

Masterpiece Living's roots stem from the landmark 10-year MacArthur Foundation study into the principles of "Successful Aging." This study found that 70 percent of how we age is due to our lifestyle choices. Only 30 percent is determined by our genes.

As part of our dedication to providing the best in senior living, Masterpiece Living is available to all Lutheran Sunset Ministries residents. By developing a personalized plan, with measurable results that include goal setting and customized feedback, Masterpiece Living enables each resident to achieve their individual goals and defy the stereotypes of aging. LSM also provides analysis and support for those enrolled in the initiative.

Masterpiece Living at LSM offers residents a network of positive relationships that nurture ongoing physical, intellectual, spiritual and social fulfillment to enhance the senior living experience. LSM works hard to include these four components in each daily activity. For more information on Masterpiece Living, visit mymasterpieceliving.com.











#### **MEMORIAL GIFTS**

The services provided by Lutheran Sunset Ministries are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between September 2014 and December 2014.

> JESSE & ERA ADAMS C.J. Wilson, Clifton.

#### WAYMOND ALTENBURG -LSM

Mary Frances Crawford, Carolyn Roberts, & Barbara Bennett, Houston; Robert & Susan Phillips, Clifton.

CAROL ANZ - LSM Robert & Susan Phillips, Clifton; Barry & Carla Basham, Clifton.

CLARENCE ANZ Martha & David Anz, Clifton.

EDWARD ANZ Martha & David Anz, Clifton.

**DOLA BLUM**Patsy Tindell, Waco. Rodney &
Melanie Rueter, Clifton; Joann

CHARLES BOSLEY Rev. & Mrs. William B. Johnson, Sherman.

Baucom, Clifton.

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KAREN CARTER
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MAURENE CLEMENTS

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Rodney & Melanie Rueter, Clifton;
Bob & Glenda Phillips, Clifton; J.W.
Thiele, Clifton.

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JoAnn Krupicka, Waco; Arlene
Schwarz, Waco; Charles & Joyce
Symank, Valley Mills; Liesel
Murray, Waco; Helen & Jamie
Morris, Clifton; Patricia Gorton,
Waco; Rodney & Melanie Rueter,
Clifton.

SUE DOTSON
Rodney & Melanie Rueter, Clifton;
Joann Baucom, Clifton; Laura
Catherine Bearden, Valley Mills.

GLENNA EISENBACH
Joann Baucom, Clifton; Rodney and
Melanie Rueter, Clifton.

**DORIS FENN**Joann Baucom, Clifton; Rodney &
Melanie Reuter; Lydia Hoel, Clifton.

**JEWEL FINSTAD - LSM**Nancy Bratcher, Meridian.

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TURNER & OLLIE MAE GREENWADE Sally & Ronald Bates, San Antonio; Donna & Victor Barranco, Liberty.

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MABEL LAWSON - LSM
Suzanne & Baltazar Acevedo,
Gabrielle Chatham, Bette Cook,
Mildred & Floyd Drake, Dorothy
Dyer, Sherri Estes, Nancy & Dennis
Kidwell, Kathryn Krueger, Sue
Swaner, Scarlett & Dave Winterton,
Waco; Rodney & Melanie Rueter,
Clifton; Helen & Jamie Morris,
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Catherine Bearden, Valley Mills; John
& Patty Burgess, Waco; Peggy
Williams, Waco.

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Lung Moon, Clifton

June Moen, Clifton.

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#### RICHARD VAVRA

Rodney & Melanie Rueter, Clifton; Joann Baucom, Clifton.

#### **BOB WALLACE**

Diana & Clarence Hodde, Brenham.
PAULINE WALSLEBEN -LSM
Don & Joann Gloff, Clifton; Rodney
Rueter family, Clifton; Greg Gloff
family, Clifton.

#### NAOMI WARD

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#### **ELENORE WIEDE –LSM**

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#### **JOHN WILLIAMS**

Peggy Williams, Waco.

#### CARNEY & MARGIE WILSON

Rev. & Mrs. William B. Johnson, Sherman.

#### **JAKE WIMBERLY - CLIFTON**

Rodney & Melanie Rueter, Clifton; Ed & Elaine Bell, Clifton.

#### **CARMEL WOOSLEY**

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#### **ELDON & DOROTHY**

ZIMMERMAN Eileen Day, Clifton.

#### **HONOR GIFTS**

These gifts are given to honor and apprecaite special people, events, celebrations and/or achievements. All gifts help provide care to those served by Lutheran Sunset Ministries. The following gifts were given between September 2014 and December 2014.

## VETERANS OF THE ARMED FORCES OF THE USA

Maxine & Don Smith, Dallas.

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# Ed & Elaine Bell, Clifton. THE PARENTS OF ALICE

WOOD
Alice Wood, Dallas.

#### **GENERAL GIFTS**

All gifts help Lutheran Sunset Ministries in its work and mission. The following general undesignated gifts were given between September 2014 and December 2014.

Abiding Savior Lutheran Church, Cameron

Anne Ardis Endowment Mrs. Nancy Bratcher, Meridian



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#### **RETURN SERVICE** REQUESTED

Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

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