

Official Publication of Lutheran Sunset Ministries

September - December 2018



# Another Record Year for Pot O' Gold

ince Lutheran Sunset Ministries' inception in the mid-1950s, we have enjoyed a strong support network of volunteers, including those from among our residents, as well as from the broader community beyond the Sunset campus. Serving in many capacities, the Sunset Volunteer Auxiliary makes a significant contribution to the type and quality of services we are able to offer our residents.

Not only do we have amazing volunteers in our long-term and assisted living communities, but we also have more than 40 volunteers dedicated to our Pot O' Gold Thrift Store. Through the sale of donated items, Pot O' Gold has provided funding for numerous projects and pieces of equipment for the residents of Sunset, significantly adding to their quality of life. Pergolas and gardens lining the Health Center, transportation vehicles, and new exercise equipment for the Wm Martin Rehabilitation Center are just a few of the improvements made possible over the years. In 2018, the Pot O' Gold raised a record-breaking \$169,784! Thank you to our Pot O' Gold volunteers. We truly appreciate your hard work and dedication.

Sunset Home • College Hill Assisted Living • Rainbow Retirement Community Hospice Sunset • Sunset Companion Services

# Message from the President

s I sit down to write this, it is a cold, drizzly day in February. So, what better time to be inside and reflect on the previous year – specifically on the dedicated people who have invested a lot of time and energy to help make Lutheran Sunset Ministries (LSM) what it is today.

First of all, are the Pot O' Gold and its volunteers who are amazing. Our ministry is so blessed to have such a committed group of volunteers who, since 2001, have given selflessly of their time and talents to raise funds for our ministry and its residents. We have a variety of equipment including a van and bus that make our residents' lives and their care the very best!



Next, we recognize those employees who have been with us five, 10, 15, and even 20 years. LSM has an excellent reputation and a tradition of providing top notch services to our customers. The reputation and tradition is due in no small part to those long-term employees who show up to work every day and pass on the skills and knowledge they too inherited from those long-term employees who preceded them. I went to college at Baylor and the school song is That Good 'ol Baylor Line. It does not refer to the football team but to that long, continuous line of students and alumni being educated and going on to influence the world. If we look back, we can see a similar Good 'ol LSM Line of employees who have made LSM what it is and others coming who will continue to make LSM the best! To those long-time employees, thank you for all you have done and will continue to do!

Then, there is Thrivent which has been a long-time supporter of our ministry from matching gifts to the members who support us with their Thrivent dollars. Currently, there is a Choice Dollars program in place for eligible Thrivent members, depending on your product level. If you own Thrivent products and haven't directed your Choice Dollars for 2018, you have until March 31, 2019 to do so. You can call (800)847-4836 and mention Choice Dollars and they will help you do the rest. Please mention LSM and while you are at it you can also direct your 2019 Choice Dollars.

So what is the reward for all this long-term work, support, and dedication? Sunset Home was named one of the Best of the Best by U.S. News and World Report in their annual rating of nursing homes across the United States! A first for Lutheran Sunset Ministries!

Our long LSM line of employees, donors and volunteers has made everything we do possible. Thank you as always for your prayers and support. May God continue to bless you and Lutheran Sunset Ministries!

Rodney Rueter, CEO/president



hank you to everyone who voted in the Waco Tribune-Herald's H.O.T. Readers' Choice Awards!! We are excited to announce Lutheran Sunset Ministries has once again been voted #1 retirement community and #1 in assisted living!

big thank you to the Thrivent Action Team "Generosity Never Gets Old." They gifted comfort and activity items to the residents of Sunset Home and Heckmann

### Thrivent Action Team

Assisted Living in December. Thrivent Action Teams make it easy for you to bring people together to make a positive change in your community! When you see a need, apply to lead a volunteer team—and bam! Once your idea is approved, a Thrivent Action Kit is delivered to your door. It's packed with everything you need to help make your project a success. It even includes \$250 in seed money to help get your project started. Thrivent is a not-for-profit fraternal benefit society and a Fortune 500 financial services organization. Their tradition of financial strength is driven by their focus on people, not profits. For more information on how to start your own Thrivent Action Team, visit thrivent.com.





### 5 Years

Charlotte Garibay Patricia Sital Charles Dowdy Sandra Van Zandt Robert Behringer Martha Flores Charly Gonzalez Glenda Clark

# LSM Employee Service Awards

### 15 Years

Mary Burk Analyn Sanders Greta Albrecht Wanda Sedberry

10 Years

Sharon Leigh Karen Reid Terrie Matula-Williams Nancy Connors

> 20 Years Juana Nieto



# US News & World Report

Ol.S. News & World Report, the global authority in health care rankings, identified the Best Nursing Homes for 2018-19 and released its new Nursing Home Finder. To create these free and easy-to-use resources, U.S. News evaluated more than 15,000 homes nationwide, in every state and nearly 100 major metropolitan areas. This year, 2,975 nursing homes earned the designation of a U.S. News Best Nursing Home. Lutheran Sunset Ministries' long-term care community, Sunset Home, was one of only three nursing homes in a 50-mile radius that received this distinguished award.

Now in its ninth year, the U.S. News Nursing Home Finder offers comprehensive information about care, safety, health inspections, staffing and more for almost all nursing homes in the country. With this tool, individuals can easily conduct a customized search for a highly rated nursing home by location,

Medicare and Medicaid coverage, Alzheimer's care and size.

In addition to helping families find the best nursing home for their loved one,
U.S. News explains how to choose a senior care facility among the many options
and how to understand the difference between for-profit and non-profit senior
care options. Since many people searching online for nursing homes have a
family member who needs assisted living, U.S. News also provides
guidance on understanding the types of long-term care facilities and how to talk to a
family member about assisted living. Lutheran Sunset Ministries offers inspired

family member about assisted living. Lutheran Sunset Ministries offers inspired retirement living options at every stage of life.

In addition to quality health and wellness opportunities, LSM provides an enriched lifestyle through innovative programs, interdisciplinary activities, and a focus on physical, intellectual, social and spiritual growth. Providing the only full continuum of care in Bosque County – including independent living, assisted living, long-term care, rehabilitation and therapy, memory support, hospice services and companion services – LSM is a cornerstone of the region.

For more information, visit the Nursing Home Finder at https://health.usnews.com/best-nursing-homes or www.lutheransunset.org.

### Pot O' Gold Gives to Hospice Sunset

A few times a year, Pot O' Gold volunteers dedicate one day of sales to a local charity or worthy cause. The Pot O' Gold raised a little over \$4,600 on December 13, 2018 and donated that day in sales to Hospice Sunset!





## Residents Create Ties to the Community

In December, Rainbow Retirement residents presented Hospice Sunset with tie quilts to share with their patients. Then, with the help of Campus Pastor Dave Anfenson, they blessed the quilts. We love how our residents are constantly finding ways to give back!

# Remembering Those Who've Past January - December 2018

Roland Baker Jean Gates Dorothy Pruett Narciso Ramos John Moore Monroe Baker Robert Graves Arlen "Buddy" Enger William Gordon Bernard Hoffman Billy Street Jonetta Eubank Olive Nunley Fredrick Smith James Gibbons Laura Clark Ruth Wiederaenders Dorothy Townsend May Cosper Frances Haynes Jonell Latham Jerry Schmidt Neva Blakely Milton Grimland Angeline Sulak Gertrude Riffe Danny Dietiker Virginia Hembree Lila Tucker Bert Downing Dorothy Downing Charlotte Bruington William "Bill" Scott

Harlon Horn Donald Barron Adam Sowder Syble Jorgenson Ernestyne Spencer Voncile Douglas Wynelle Clark Mary Reynolds Patsy Bearden Frances Golden Rachel Moore Glenda Crockett Judith Olson Patricia Boswell Royce Heath Kamol Thavoisutti Beatrice Powers Matilda Bishop Lola Faye Howard Billy D. McCleary Thelma Virgina Mogford Dennis Hardin Ellen Hollister Arlene Carlisle Gilbert Smith Olee S. Bakke Patricia "Pat" Tow Anna Marie Simmons Wade Riddle Maebelle Blewett Martin Del Bosque

Charlene Hays Homer Bruton Sandra Smith Virginia Sue Hembree Douglas Rogers Eleanora Zuehlke Joe Medley Gary McDowell Ronnie Smith Paul Dennis Harmon William Allen Marsha McClellan Florene Westerfeld Leonard Blakely Lesli Scott Leona Orr Charles Dickey, Sr. David Bowser Gloria Atteberry Abel Cruz Barbara Daily Sydonia Sommerfeld Milton Solberg Thomas Conrad Patricia "Pat" Gunter Jane Marie Billman Herbert "Herb" Lammert Michael Collins Margarita Ybarra Priscilla Mallonee Bernard "Don" Hoffman Robert Graves

Monroe "Mike" Windsor John Moore William "Sonny" Campbell Narcisco Ramos Kenneth Worley William Gordon Thelma "Polly" Hanshew



Cloise Logsdon

— 254-675-8637 www.LutheranSunset.org LSM is an equal opportunity provider and employer Independent Living
Assisted Living
Long-term Care
Memory Support
Rehab/Therapy
Companion Services

## Welcome, Michelle Lueck!

utheran Sunset Ministries would like to welcome Michelle Lueck as our new Companion Services Manager and Independent Living/Assisted Living Transportation Coordinator. Michelle has been with our ministry for more than three years, previously working in the Sunset Home Beauty Shop. She has 20 years of customer service experience and has coordinated transportation at another senior living community in our county.



Michelle's passion for caring for our aging population makes her an outstanding match

for our ministry. She was born and raised in Clifton and lives here with her husband, Stacy. Her daughter, Stacey Watson, works for the ministry as well and is married to Ethan Watson. Sunset Companion Service provides families with the peace of mind that comes from knowing you're their loved one has a broadened support system. Studies show that maintaining healthy relationships and strengthening support networks can reduce stress and improve the overall quality of life.

Sunset Companion Services provides in-home, non-medical assistance for persons aged 62 and above who need assistance to remain living at home. For more information, please call 254-253-1726.

### A DOGgone Good Time!

A group from one of our exercise classes, lead by Leah Miles, pose with classmate Bill Watson's dog Zoe. Zoe never misses a class! Join them at 1604 W. 9th St., on Tuesday and Thursday mornings at 8am, 10am and 11am! You do not have to be a resident to participate.



# Around Campus



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# Around Campus



#### **MEMORIAL GIFTS**

The services provided by LSM are enhanced by the generous and appreciative memorials given. All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness. The following gifts were given between September 1 and December 31, 2018.

#### JESSIE ALLEN

Carl & Lula Lukens, Moody.

#### WILLIAM DAVID ALLEN

Edgar & Elaine Bell, Clifton.

#### CLARENCE, DAVID, & EDWARD ANZ

Martha Anz, Clifton.

#### **GLORIA ATTEBERRY**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### RW BAKER

Judith Baker, Clifton.

#### LAVERNE BALLARD

Albrecht's Pharmacy, Clifton.

#### VERN BERGMAN

Joyce Bergman, Clifton.

#### JANE BILLMAN

Edgar & Elaine Bell, Clifton.

#### **DAVID BOWSER**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### CHARLOTTE BRUINGTON

John Bruington, Valley Mills.

#### WILLIAM "SONNY" CAMPBELL

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### **ETTA & KAREN CARTER**

Angie & Gary Carter, Waco.

#### LAURA CLARK

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### MICHAEL COLLINS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### MR. & MRS. ENNIS COLWICK

Wayne Rohne, Arlington.

#### THOMAS CONRAD

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### VERENA ANN CRAVATT

Robert & Doris Schuetze, Waco.

#### ABEL CRUZ

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### **BARBARA DAILY**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### CHARLES DICKEY SR.

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### **ERVIN DREYER**

Larry & Elaine Northcutt, Combine; Connie Staley, Little Rock AR; Peggy Pirkle & Family, Midlothian; Albrecht's Pharmacy, Clifton.

#### LAUREN ENDAHL

Ken & Pat Surley, Dallas.

#### ARLEN "BUDDY" ENGER

Dwayne Smith, Tampa FL; Tom & Lois Webster, McGregor; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Jimmie & Linda Gore, Petal MS; Albrecht's Pharmacy, Clifton.

#### JONETTA UNDERWOOD EUBANK

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Ann Orr, Asheville NC; Kathy George, Austin.

#### **DAVID FRANKS**

Mildred Van Winkle, Dallas.

#### JAMES GIBBONS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### OTTO & HILDA GOERDEL

Lorine L. Peters, Cedar Hill.

#### WILLIAM GORDON

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### **ROBERT GRAVES**

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### TURNER & OLLIE MAE GREENWADE

Donna & Vic Barranco, Liberty; Sally & Ron Bates, San Antonio.

#### HAZEL HALL

Leamon & Donna Hall, Whitney.

#### THELMA "POLLY" HANSHEW

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### JEROME HARDWICK

Pat & James Davis, Burleson.

#### PAUL HARMON

Andrea Hampe, Clifton.

#### BERNARD "DON" HOFFMAN

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### JIMMIE & DORIS JERMSTAD

Todd Jermstad, Austin.

#### **ELDON KNUDSON**

Albrecht's Pharmacy, Clifton.

#### TRENT KNUDSON

Rev. & Mrs. J. Weldon Smith, Clifton; Helon Knudson, Clifton; Joyce Symank, Valley Mills.

#### HERBERT LAMMERT

Ron & Alberta Birk, Mason; Rev. & Mrs. Calvin Goerdel, Clifton; Sylvia Van Antwerp, Fredericksburg; Bosque County Retired Teacher's Association, Clifton; Faith Lutheran Church, Meridian; Donald & Judith Forbes, Waco; Linda Hiller, Georgetown; Ray & Lucille Lammert, San Antonio; Charles & Anna Marie Lindley, Clifton; Martha Swenson, Clifton; Joyce Symank, Clifton; Mike & Sandra Windsor, Clifton; Jan Landgraf, San Angelo; Judy Olness, San Angelo; Emily Kron; Joanne Reinfeldt, Clintonville W1; Mr. & Mrs. Lowell Elliott, Waco; Kenneth & Paula Moerbe, Brenham; Tena & Ronald Ward, Arlington; Allen Johannes, & Laura Vaughan, Clifton; Edgar & Elaine Bell, Clifton; Jerry & Joyce Phelps, Meridian; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Jeanie Menke, Austin; Albrecht's Pharmacy, Clifton; Paul & Ann Hollingsworth, Clifton.

## THE LOVED ONES OF CHARLES & HELEN CONRAD

Charles & Helen Conrad, Mansfield.

#### PRISCILLA MALLONEE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### THOMAS FRANKLIN MARTIN

Edgar & Elaine Bell, Clifton.

#### GARY MCDOWELL

Albrecht's Pharmacy, Clifton.

#### GLORIA MCDOWELL

Ken & Pat Surley, Dallas.

#### (Memorial Gifts Continued)

DR. RAY MEYER

Rev. & Mrs. J. Weldon Smith, Clifton.

**JOHN MOORE** Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

**OLIVE NUNLEY** 

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

LEONA ORR

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

NARCISO RAMOS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

BARBARA REESING

Edgar & Elaine Bell, Clifton

MR. & MRS. P.B. ROHNE Wayne Rohne, Arlington.

LESLI SCOTT

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

NADINE SELJOS Albrecht's Pharmacy, Clifton.

CONNIE O. SMITH

Gerald & Cindy Thies, Clifton; Elsie Phillips, Cranfills Gap.

FREDRICK SMITH

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

**MILTON SOLBERG** 

Edgar & Elaine Bell, Clifton; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

SYDONIA SOMMERFELD

Alice Pederson, Clifton; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

BILLY STREET

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

> **ORIET & BILL THOMPSON** Miriam Hussey, Georgetown.

**DOROTHY TOWNSEND** Albrecht's Pharmacy, Clifton. MARGARET TWEEDLE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

**RUTH WIEDERAENDERS** 

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

**GROVER WILDE** 

Leamon & Donna Hall, Whitney.

JUNE WILDE

Leamon & Donna Hall, Whitney.

MIKE WINDSOR

Judith Baker, Clifton; Charles Davis, Clifton; Michael & Sara Irvin, Clifton; Joyce Symank, Valley Mills; Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

KENNETH WORLEY

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

MARGARITA YBARRA

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton.

#### Honor Gifts

These gifts are given to honor & appreciate special people, events, celebrations and/or achievements. All gifts help provide care to those served by LSM. The following gifts were given between September 1 through December 31, 2018.

LANCE ALLEN By: Patricia Gorton, Waco.

DOROTHY ANN BROWN By: John & Virginia Beaver, Seguin.

JOYCE HECKMANN By: Bill & Jean Frazer, Houston.

PASTOR LEMAE HIGGS By: Carolyn Tobola, Schulenburg.

**JOYCE SYMANK** By: Steven & Stephanie Kucera, West.

**JAMES & MADORA ZENNER** By: Steven & Kathleen Harr, Clifton.

#### GENERAL GIFTS

All gifts help LSM in its work and mission. The following gifts were given between September 1 through December 31, 2018.

Abiding Savior Lutheran Church, Cameron Mrs. Nancy Bratcher, Meridian Calvary Lutheran Church, Richland Hills Central Lutheran Church, Dallas Christ Lutheran Church, Dallas Frieda Chyn, Allen Leona Dickey, Morgan Emmanuel Lutheran Church, Granbury Faith Lutheran Church, Meridian Faith Lutheran Church, Beeville Mr. Kevin Finstad, Clifton First Lutheran Church, Temple First Lutheran Church-Ruth Circle, Waco First Presbyterian Church, Clifton

Dr. & Mrs. D.A. Gloff, Clifton Rev. & Mrs. Calvin Goerdel, Clifton Mrs. Darlene Hall, Clifton Col. & Mrs. Jimmie Hanes Jr., Crawford Mrs. Adele Hanus, Waco Mr. & Mrs. Chester Haschke, Dallas Mrs. Joyce Heckmann, Waco Mr. & Mrs. William Kelm, Cameron Pastor & Mrs. Paul Krupicka, Waco Mr. & Mrs. Robert B. Lane, Clifton Mrs. Ona Lange, McGregor Dwight & Sarah McMillan, Valley Mills Elaine Noack, Albuquerque NM NTNL Mission Area, Argyle Our Savior's Lutheran Church, Clifton Preston Meadows Lutheran Church, Plano Mr. & Mrs. Elton Ramthun, Gatesville

David Rindos, Clifton

Mr. & Mrs. Donald Robertson, Robinson

Mr. & Mrs. Calvin Rueter, Clifton St. John Lutheran Church - Coryell, Gatesville St. Matthew Lutheran Church, Waco St. Olaf WELCA, Cranfills Gap Mrs. Joyce Symank, Valley Mills Thrivent Financial for Lutherans, Appleton Trinity Lutheran Church, Hamilton Trinity Lutheran Church, Wichita Falls Mr. & Mrs. W.H. Watson, Meridian Mr. & Mrs. Tom Webster, McGregor Mrs. Elaine Welgehausen, Fort Worth







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#### RETURN SERVICE REQUESTED

Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law. Non-Profit Organization
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