

# SunsetNews

May - August 2022



Our spacious new rehab center, The Overlook, features cutting edge equipment like our antigravity treadmill, seen above.

We are thrilled to announce that we officially opened The Overlook Rehabilitation Center this summer. The Overlook is our new rehab and therapy gym, replacing the WM Martin Rehabilitation Center. The WM Martin Rehab Center has been converted into our new activity room, giving our activities team a much larger space to work with.

“We received a generous lead gift from J.B. Darden for a new rehab center because of his great experience with our rehab team and the care he received,” said Lutheran Sunset Ministries President and CEO Rodney Rueter. “Because of Mr. Darden’s generosity, our rehab team can now provide an even higher level of service.”

The Overlook features state-of-the-art equipment like an antigravity treadmill that helps those who can’t bear full weight on their lower extremities, three low-impact Nustep machines that

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**Sunset Home**

**College Hill Assisted Living**

**Rainbow Retirement Community**

**Hospice Sunset**

**Sunset Companion Services**

# Message from the President

This edition of Sunset News highlights our newly opened rehab center, The Overlook. This new, much larger space allows Sunset Home to broaden its therapy options and meet more of the needs of our residents than the previous space would allow.

This new therapy space was made possible by a very generous gift from J.B. Darden's estate. LSM was not originally in Mr. Darden's will, but back in 2014, he needed therapy and came to live at Sunset Home for his rehab. Our therapists worked with him, and after going through the therapy regimen required to get him back to the independence he previously enjoyed, he went back home. For those of you who knew J.B., he was the same person as a resident as you knew in the community: constantly joking with our staff and cutting up, and they did so in return. Not only did he get his rehab done successfully, he also had an enjoyable experience.

About a month after J.B. was discharged, I received a phone call from the person who would be the executor of J.B.'s will. He said that J.B. appreciated the help he received and wanted to give back to our ministry – to our rehab in particular – and they were wondering if we could use a substantial gift restricted to rehab. Our current rehab space was small and cramped, and internally we had discussed adding on a larger rehab area. This gift would make that possible! We were thrilled and let them know how we could use that for therapy. J.B. put us in his will and because of his generosity, we now have a spacious rehab area for residents to enjoy while they heal.

When I graduated from college, my father-in-law wrote a note of congratulations to me. I don't remember everything the note said, but I do remember these words: "To whom much is given much is required." This is actually the last half of Luke 12:48. God requires much from those who have been given much. He expects us to be good stewards of what we are given.

If you have been given much (and we all have in various ways), please consider making a donation to LSM. COVID has been very hard on us financially. We are looking at building independent living cottages on land we have acquired in order to further increase and diversify our ministry's revenue stream. If you would like to discuss giving opportunities for that project, or if you may have something else in mind, please call me at 254-675-8637 extension 2223. I will be happy to talk with you!

In the meantime, please continue to pray for our ministry, our leadership and our employees who deliver the services our residents need every single day.

Rodney Rueter, CEO/President



# Mother's Day and Father's Day



## Congratulations to our Sunset Scholarship recipients!

### Resident Scholarship

Kamryn Zint  
Yohima Tarin

### Staff Scholarship

Marco Cano  
Haley Creech

# Sunset Spotlight

This quarter, we're celebrating the promotions of two longtime Sunset staff.

## Kristy Durret, Director/Executive Chef of Dining Services

Kristy has been with Sunset since 1991, and she was promoted to executive chef this July!

"As I recently heard one of Kristy's coworkers say, Kristy can run that whole kitchen with her eyes closed," said Sunset Administrator Lance Allen. "Kristy's experience in the kitchen and her expertise crafting great meals makes her the ideal executive chef."

## Felicia Bell, Assistant Director of Dining Services

Felicia joined the Sunset family more recently in 2017, and was promoted from morning cook to assisted director of dining services in July.

"Felicia brought valuable dining services experience with her to Sunset Home. As a cook, Felicia prepared many delicious meals," said Sunset Administrator Lance Allen. "Recently, I witnessed Felicia go out into the dining room and make things right when a resident was unhappy with their meal; I immediately knew Felicia had what it took to hold a management position at Sunset Home."



Longtime LSM dining services team members Felicia Bell (left) and Kristy Durret (right).

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work both the upper and lower body, which are ideal for those who may have joint pain with weight bearing exercises, and a staircase with different size steps.

"Rehab at The Overlook is head and shoulders above other skilled nursing facilities because LSM has emphasized quality therapy by investing heavily into The Overlook," said LSM Director of Rehab Eugene Galbreth. "We are now able to provide a wider array of interventions due to ample square footage."



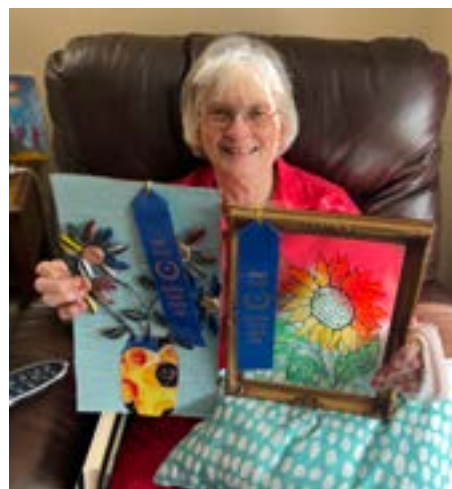
The new private rooms each have their own sitting area, equipped with recliners and a TV, perfect for relaxing and hosting visitors

The new rehab wing also features two private rooms for rehab stays, each with a sitting area, as well as a large dining room for socializing and visits. One resident told therapists that The Overlook is her favorite place in the whole building.

"We're excited to be able to share this new resource with not only our residents, but the community as well," Rueter said. "The Overlook is another way for us to fulfill our mission of providing person-centered services based on Christian values."

If you or a loved one is interested in The Overlook and would like to schedule a tour, please call 254-675-8723.

## Central Texas Youth Fair and Rodeo



# Friends of LSM

Thanks to generous donors, Lutheran Sunset Ministries is able to provide Christ-centered care based on Christian values. The following gifts were given between May 1, 2022 and August 31, 2022.

## Memorial Gifts

All memorials (unless otherwise designated) go to the care and services provided. The residents served going forward are blessed by your thoughtfulness.

### EDEN ALVAREZ

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### ALBERTA BARLOVIC

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### ALBERT BIGGS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton; Albrecht's Pharmacy, Clifton.

### WILLIAM BRUTON

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### DOYLE COX

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton; Judith Baker, Clifton; Wally & Punky Penberthy, Clifton; Wayne & Beverly Gloff, Clifton; Glenda & Bob Phillips, Clifton; Rebecca Pederson, Waco; Joyce Symanck, Valley Mills; Frank & Jean Ann Smith, Clifton; Wendy Braff, Cincinnati OH; Virginia & Aubrey Richards, Clifton.

### AGNES DECKER

Pastor Paul & Joann Krupicka, Waco.

### GUY FINSTAD

Albrecht's Pharmacy, Clifton.

### LOIS HAHN

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### CHRIS HAMPE

Albrecht's Pharmacy, Clifton.

### MAY HARDWICK

Mr. & Mrs. James M. Davis, Burleson.

### GUS HUDSON

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### CHRISTAL JOHNSON

Carrie Pechacek, Axtell; Debbie Spicer, Valley Mills.

### BETTY LYNUM

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### DON METCALF

Albrecht's Pharmacy, Clifton.

### WILLIE LEE MILLER

Albrecht's Pharmacy, Clifton.

### LINDA PATRICK

Albrecht's Pharmacy, Clifton.

### MAUREEN PAYNE

Albrecht's Pharmacy, Clifton.

### SYLVIA PROSSER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton; Albrecht's Pharmacy, Clifton.

### ESTHER ROSS

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### HR SANDERS JR.

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton; Traci Tucker, Decatur; Mark Monroe, Austin; Ginger & Lonnie Gatewood, Iredell.

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### WAYNE STEWART

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### GLADYS STONE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### MARTHA SWENSON

Albrecht's Pharmacy, Clifton.

### DOUGLAS THIELE

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

### RUTH TUCKER

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton; Susan & Marc Anduss, Arlington; Anonymous; Virginia & Aubrey Richards, Clifton; Myron Lee, Meridian; Douglas Kieta, Cranfills Gap; Clara Dee Bronstad & Sherry Duke, Clifton; Linda D. Williams, San Angelo; Albrecht's Pharmacy, Clifton; Glynn Tucker, Dallas.

### BOBBY LEE WATSON

Albrecht's Pharmacy, Clifton.

### IMOGENE WORLEY

Rodney & Melanie Rueter, Clifton; Lance Allen, Clifton; Dave Anfenson, Clifton.

## Honor Gifts

These gifts are given to honor and appreciate special people, events, celebrations and/or achievements. All gifts help provide care to those served by LSM.

### POT O' GOLD VOLUNTEERS

By: Steven & Stephanie Kucera, West.

## General Gifts

All gifts help LSM in its work and mission.

Dr. & Mrs. James Bowden, Cranfills Gap

Mrs. Nancy Bratcher, Meridian

Calvary Lutheran Church, Richland Hills

Capital Group Companies, Los Angeles, CA

Central Lutheran Church, Dallas

Christ Lutheran Church, Dallas

Faith Lutheran Church Women, Beeville

First Lutheran Church, Temple

First Presbyterian Church, Clifton

Gethsemane Lutheran Church, Austin

Mr. Robert Grant, Prosper

Mr. & Mrs. Paul Halvorson,

San Antonio

Mrs. Laverne Haschke, Dallas

Pastor & Mrs. Paul Krupicka, Waco

Lutheran Women's Missionary League, Victoria

Our Savior's Lutheran Church, Clifton

Ms. Rebecca Pederson, Cedar Lake IN

Preston Meadows Lutheran Church, Plano

St. John Lutheran Church - Coryell, Gatesville

St. Matthew Lutheran Church, Waco

Mr. & Mrs. Tom Webster, McGregor

Mr. Bobby Zacharias, Frisco

**Your gift means we can continue to provide the highest standard of care, based on Christian values, for those who need us most.**

**Make a donation online by visiting [lutheransunset.org/give](https://lutheransunset.org/give)**

**OR**

**Mail a check to P.O. Box 71 Clifton, Texas 76634**

# Sunset News

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Lutheran Sunset Ministries is a not-for-profit organization sponsoring programs of skilled nursing care, assisted living, retirement living, hospice services and companion services.

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