

SunsetNews

January - April 2023



Our People's Choice Winner, Patsy Parrish, pictured with her family at the 7th Annual LSM Resident Art Show.

On a lovely Friday in March, we headed across the street to the Bosque Art Center for our 7th annual LSM Resident Art Show! After a two-year hiatus due to COVID, the resident-favorite event made a triumphant return with a great turnout, food and some beautiful art.

Out of the 12 entries, ranging from animals to flowers to a lighthouse and even a margarita, Patsy Parrish's piece was awarded the People's Choice Award.

"Our activities team did a great job with this event," said LSM President Rodney Rueter. "It's a highlight for residents and staff, and we're so glad we got to have it this year to celebrate our talented residents!"

See more photos on page 5



Sunset Home

College Hill Assisted Living

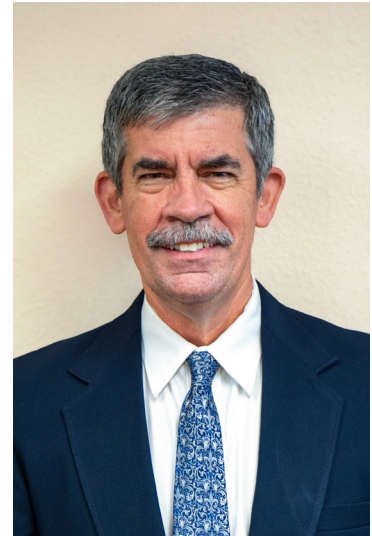
Rainbow Retirement Community

Hospice Sunset

Sunset Companion Services

Message from the President

I hope you are having a wonderful spring and early summer season. We have finally received life-giving rain and Mother Nature has bounced back with the beauty of springtime in the form of wildflowers that we have not seen in quite some time. It's interesting how, in nature, everything waits for the right time to do what it is programmed to do. Wildflowers are mostly springtime bloomers. Wouldn't it be odd to see bluebonnets in August or December? They know when their time is and they bloom every spring — sometimes a lot, sometimes a little — but always in the spring. In Ecclesiastes, Solomon talks about the seasons of life. Those seasons ring as true today as they did when he penned those words.



Ecclesiastes talks about seasons of life for people, but there are also “seasons of life” in businesses, churches and ministries like ours. There are businesses, churches and ministries that are no more. Do you remember Montgomery Ward? Sears? Foley's? There are many others you can name. How about the Crystal Cathedral? It was a longtime church founded by Robert Schuller, and it is no more. You may pass by church buildings that are now community centers or may just be in disrepair. The common theme in all these instances of closing/failure? Lack of foresight or flexibility.

LSM has gone through many seasons of life: College campus to a rest home which was all private pay or charity care, rest home to nursing home with Medicaid, added memory care, added independent living in six different steps, added assisted living, added Pot O' Gold, downsized nursing and assisted living, added Hospice, added Personal Assistance Services, partnered with the Bosque County Health District in the QIPP Program. What does our next season hold? We are looking to expand independent living once again. Do the negative ramifications from COVID in the form of low census and staffing challenges in Sunset Home and Heckmann Assisted Living ever abate and go back to “normal,” or is this the new normal? How do we survive? Across the country our industry has been hit hard and confidence in long-term care facilities has been eroded. COVID gave great incentives to bring care services into elders' homes, which impacts long-term care and assisted living facilities.

Our goal of course is to survive to continue to serve seniors in our community. That has been our goal for 69 years. The season we are in is a challenging one, no doubt. It remains to be seen how this season ends and the next one begins. Like the founders and keepers of our ministry over the years, our key to survival is looking forward and being flexible to solutions to our challenges. In that endeavor, pray for us and our Board as we navigate the obstacles ahead.

Rodney Rueter, CEO/President

Easter Egg Hunt



Best of Bosque 2022

Best Retirement Community
Lutheran Sunset Ministries

Best Consignment Shop
Pot O' Gold

Thanks for voting!

Sunset Spotlight

Analyn Sanders , CNA - Central Supply Manager - Nursing Scheduler

Analyn Sanders grew up in the Phillipines and came to Central Texas when she married Mr. Sanders from Valley Mills and immigrated in October 2002. Even though she had earned her BA in Accounting from the Polytechnic University of the Phillipines in 1991, she was encouraged to enroll in the CNA class at LSM by Ms. Seay, a former LSM nurse. She began her career in healthcare in 2003.



Over the last twenty years, Analyn has served our residents as a CNA, but she wears many hats. Recently, she has also been promoted to central supply manager and nursing scheduler.

Analyn has a deep passion for working with older adults. “It’s like taking care of family. In the Phillipines, we take care of our own,” she said. “There are no nursing homes in the Phillipines. I love helping these people, and I consider them my grandparents.”

In addition to her dedication to our residents, Analyn lists unannounced appreciation benefits, the religious aspect of the ministry, beautiful facilities and appreciation received from the administration as other reasons that she stays at LSM.

In her free time, Analyn loves gardening, cooking for family and friends, and organizing and making places tidy – which she has done to our Central Supply Room, seen in the photo above.

We are grateful for Analyn and her work at LSM!



**We had a surprise party
for Sandy Dreyer Lindsey
to celebrate her
retirement.**

**Sandy worked for LSM for
28 years, and she only ca-
lled in - if you can believe
it - twice!**



Consider Giving from Your Traditional IRA

Make a difference today and save on taxes! It is possible when you support Lutheran Sunset Ministries through your traditional IRA.

You can give any amount (up to a maximum of \$100,000) per year from your traditional IRA directly to a qualified charity such as Lutheran Sunset Ministries, your congregation and/or the ministries you specify without having to pay income taxes on the money. Gifts of any value \$100,000 or less are eligible for this benefit and you can feel good knowing that you are making a difference. This popular gift option is commonly called the IRA charitable rollover, but you may also see it referred to as a qualified charitable distribution, or QCD for short.

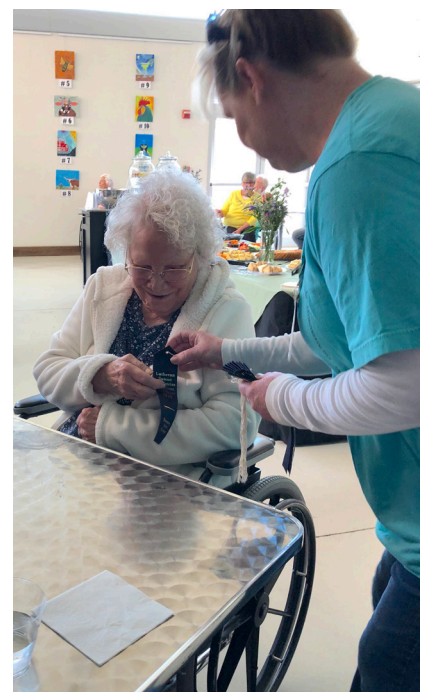
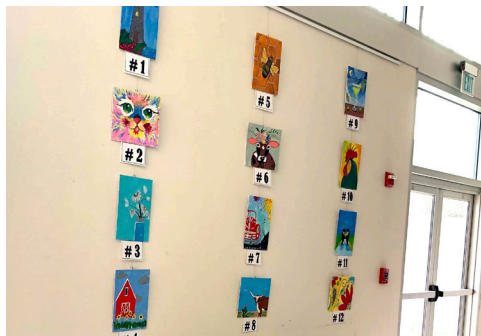
Why consider this gift?

- If you are required to take minimum distributions, you can use your gift to satisfy all or part of your RMD obligation.
- You pay no income taxes on the gift. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your deductions.
- Since the gift doesn't count as income, it can reduce your annual income level. This may help lower your Medicare premiums and decrease the amount of Social Security that is subject to tax.

Want to know more? Contact Morgan Schmidlin, gift planner with Lutheran Foundation of the Southwest, to discuss using your traditional IRA to support Lutheran Sunset Ministries or another qualified charity.

Morgan Schmidlin, 440-785-3363 or mschmidlin@lfsw.org

LSM Resident Art Show



Friends of LSM

Thanks to generous donors, Lutheran Sunset Ministries is able to provide person-centered services based on Christian values. The following gifts were given between January 1, 2023 and April 30, 2023.

Memorial Gifts

All memorials, whether directed or not, go to the care and services provided. The residents served going forward are blessed by your thoughtfulness.

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ter, Clifton; Lance Allen, Clifton; Dave
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mank, Clifton; James & Rita Bowden,
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Clifton.

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These gifts are given to honor
and appreciate special people,
events, celebrations and/or
achievements. All gifts help
provide care to those served
by LSM.

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By: Christabel Jorgenson,
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HOSPICE SUNSET**EMPLOYEES**

By: Mrs. Elmer Kelso, Clifton.

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All gifts help LSM in its work
and mission.

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Sunset News

Official Publication of
Lutheran Sunset Ministries

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Clifton, TX 76634
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Sunset provides services to qualified individuals without regard to race, color, religion, sex, disability, familial status, national origin or other protected statuses according to applicable federal and state law.

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